



# NORTHERNER



Volleyball

Preview

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# Surfing The Internet To Get Easier Next Week

Are you caught in a traffic jam on the information superhighway? Are you the next Charlotte of the World Wide Web?

If you answered yes to either of these questions, Web Week at Northern Kentucky University may

be just for you. Web Week, September 2 through week designed for people who know anything about the

Andrew Millar, a senior polictical Andrew Miliar, a senior policical science major will be teaching a workshop during Web Week. He said he is confident that the week said he is conflident that the week will appeal to students. "We've got students from University 101 classes coming to some of the workshops and we're going to pass out flyers during Freshfusion," Millar said. Students can learn how to conduct a job search and other research on

the Internet. Faculty can attend a workshop on how to incorporate the Internet into the classroom.

Biology majors can check out a workshop by Lynn Ebersole on Genetic Databases. Law students can attend a workshop on legal research on the Web.

From grant information and fund-ing, to the design and flow of a Web site, there is something for everyone at Web Week.

Jack O'Gorman, Electronic Reference Service Librarian and

member of NKU World Wide Web committee, says that Web Week is an easy way for students to learn more about the Internet.

about the Internet.

"Now is the time to learn as much as you can about the World Wide Web," O'Gorman said.
O'Gorman said also said that the World Wide Web is young and has many opportunities for college granduates. "If you come out of college and know a lot about the Internet, you can get a job," be said.
One of the goals of the World

make the Web play a more active role in the development of Northern Kentucky University.

Kentucky University.

The Internet is already helping NKU's visablity. Last July, there were 50,000 hits, or visits to the NKU home page. This July, the number of hits tripled to 150,000, most of which came from off can

Visit the site for NKU's Web Week at this web address: http://www.nku.edu/webweek/.

### Where's Waldo At NKU?



Anna Weaver/The Northerner

Anna Weaver/The Northerner

Kroger and Q102 on the first day back at school last Wednesday.

# "I Am Charles Nixon...

## Norse Have Big Hopes For Transfer

Northern Kentucky University has signed a "dunkster." Charles David Nixon, a 6-foot-5

has committed to play basketball at NKU. junior guard from Los Angeles,

Nixon, who head coach Ken Shields referred to as a "clone of (former Norse forward) LaRon Moore", transferred from Moberly (Mo.) Community College last

week.
"I've just got to play the way I
play. I'm Charles Nixon...I'm a
different player, but it makes me
feel good to be compared to somebody like (Moore)."
Nixon flew in from Los Angeles

Nixon flew in from Los Angeles last Tuesday, and tried out with the team on Wednesday—the first day of the semester. Following his tryout, Nixon accepted a scholarship, and began the process of enrolling at NKU.

"He brought five bags of clothes with him," Shields said shortly after the try-out. "And he's not getting back on that plane. He's here and prepared to stay,

Nixon did stay. He is now enrolled at NKU and plans on playing with the Norse this season. His paperwork, however, is not cooperating.
"I'm not really official yet," Nixon said. "I just wish they'd get all that done so that I can breathe. I just want to get started."

Nixon is a very quick, very strong guard that could provide as much of a spark defensively as

much of a spark defensively as offensively.
"He brings the type of athletic quickness that it takes to guard a very talented perimeter player," Shields said.

Shields said.
"I like my defense better than anything, and defense wins championships," Nixon said.
The thing that impressed Shields most about Nixon was his

athleticism

"I see him replacing the one thing I feared [losing] the most— the athletic ability of LaRon Moore," Shields said.

Moore is NKU's all-time lead-ing rebounder and fourth leading

scorer. Nixon also made a big

"Chuck is similar to LaRon, but he's a different type of player," Listerman said. "Chuck is an excellent defender, and his offense comes from that. LaRon was a

Listerman said that though both are slashers with good jump shots.

"it would be unfair to expect [Chuck] to be exactly like LaRon when the season starts."
"He impressed me as much off the court as he did on it," Listerman said. "He's somebody Listerman said. "He's somebady we feel is going to fit into the pro-gram. He's very goal oriented." Nixon's main goal? "My only goal is to win the national championship. I know

national championship. I know we can excel..."
While at Moberly, Nixon aver-aged 10 points, five rebounds and two steals per game. Before play-ing at Moberly, Nixon averaged 12 points per game at Victor Valley Community College in 1995-96.

He was also named Most Outstanding Player in Victor Valley, California and Most Valuable Player at Rialto High School during his senior season.

# Votruba Envisions The Future Of NKU

# Five-Year Plan Introduced In Speech

By Kevin Goheen

In his first State of the University Address, new Northern Kentucky University President Dr. James Votruba stated what has quickly become the major theme of his short tenus

"In times of change, the learners will prosper, whereas the learned will be deal-ing with a world which no longer exists,"

Votruba said, quoting philosopher Eric

work for a new five-year plan, to be shaped over September and October in a series of meetings, entitled "Visions, Voices, and Values," which will be held at various regional sites.

Those meetings will focus on answer-ing questions about what are NKU's most important issues and opportunities, what

are the school's most important ass and strengths, what core values should come to define NKU in the coming century, and what characteristics should represent NKU's unique identity?
"Today, the public demands of us that we demonstrate the relevance of our cur-

we demonstrate the relevance of our curriculum, the quality of our graduates, the impact of our research and our outreach. Yes, our value added," Vortuba said.

The president's speech centered on a goal of never allowing NKU to become settled and comfortable in its ways. The marketplace for future students will not allow for higher education facilities to stand still, he said.

"For Northern Kentucky University to

"For Northern Kentucky University to "For Northern Kentucky University to achieve its full promise, I believe that we must be what I refer to as value-based and vision- driven."

The president gave special recognition to several faculty and staff members who have distinguished themselves through their work at the school.

Dr. David Elder, received this year's Regent's Professorship, Award for his

Dr. David Elder, received this year's Regent's Professorship Award for his work in the legal field of defamation and privacy; Dr. Robert Wallace, Literature and Language Department, was the first recipient of the Regent's Professorship Award six years and and professorship Award six years ago, and was reappointed to a second six-year term for his

See VOTRUBA, Page 2



THE NEW PRESIDENT SPEAKS OUT: In his fit Address. Votruba has made big plans for NKU's future.

TEACHER OF THE YEAR: Dr. Russell Proctor speaks with members of the

### Rembrant or DaVinci?



NO BURGERS HERE: Dave Thomas thumbs through som

### VOTRUBA

From Page 1

continued excellence in that role; and Dr. Russell Proctor. Communications Professor Award recipient. Dr. Proctor will also serve as co-chair of the "Visions, Voices, and Values," discussions with Dr. Votruba.

values, discussions with Dr. votuba.
"I can't image any honor any higher
than the one I'm receiving today,"
Proctor said. "There's no such thing as
an outstanding professor without outstanding students."
Proctor also thanked his fellow fac-

Proctor also thanked in seriow and his wife, Pam. Proctor received a rousing ovation after his speech for the manner in which he dedicated the award to his

wife for their years together.

President Votruba ended his address
by reemphasizing his commitment to
what he believes to be the core values
which should guide NKU into the next

- NKU must demonstrate quality in
- NKU must have a commitment to access and opportunity for all.

  NKU must be learner-centered in

• NKU must be learner-centered in all of its decisions.
• NKU must be committed to public engagements and a stronger community partnership to grow with the Cincinnati region's changing needs while enriching NKU's ability to transmit, discover, and apply knowledge.

"This region should be our campus," he said. "I believe we can be a good university without the region, we can be a great university in partnership with this region. It is an opportunity that we can not afford to turn our backs on."

# Campus News

# & Staff Reports

**Board of Regents Changes** 

lar six-year term to also end on June 30, 2003. She replaces Ms. Robin J. Crigler, of Walton, whose term has expired.

### **Accounting Degree Offered**

A Master of Accountancy degree, the first to be offered by any Cincinnati metropolitan university, is expected to

metropolitan university, is expected to meet final approval at the Northern Kentucky University Board of Regents meeting on August 27. The program will begin in the Fall of 1998.

The new degree will allow students to comply with a new state requirement for those seeking to take the CPA exam. Beginning in the year 2000, candidates will be required to have at least 150 semester hours and a bachelor's degree at NKU presently consists of degree at NKU presently consists of 128 hours, the new degree will add another 30 hours on to that.

Highlights of "Web Week" Sept. 2-5 Tuesday-How to effectively research on the Web. (Steely Lib., 10:00am). Wednesday-Learn basic web page design. (AST room 370, 10:00am). Thursday-Class on using Netscape Navigator. (NS room 430, 11:00am) Friday-How to search for a job on the internet. (AST 370, 1:00pm)

### Phi Beta Lambda National Leadership Awards

The following NKU students received awards at the Phi Beta Lambda National Leadership Conference in Anaheim, Calif.,

Leadership Conference in Anaheim, Calif., held over the summer. Greg Thompson, Fort Thomas, first place, Parliamentary Procedures; Shane Stamper, Covington, third place, Mr. Future Business Teacher; Courtney Bailey, Alexandria, third place, Management.

Management; Steve Harler, Ft. Wright, seventh place,

Computer Concepts; Deborah Thompson, Covington, eighth

Deborah Hompson, place, Accounting; Scott Martin, Cold Spring, third place, Kentucky Chapter Award for Largest State Chapter Membership; The NKU chapter also received two

awards as a group.

American Enterprise Day Project, sixth place, written by Derek Tye, Batavia, and

place, written by Derek Tye, Batavia, and Courtney Bailey; Community Service Project, tenth place, written and presented by Scott Martin, Christy Jacobs, and Danita Rice, all of Cold Spring. The Future Business Leaders of America-

The Future Business Leaucis of rainty Phi Beta Lambda, Inc., is a nonprofit vocational student organization with the goal of preparing students for careers in business and business education. It has over 240,000

# Just My Thoughts

### Weekly Column

By Kevin Goheen

There's so much wrong in the world today, so much that could be easily cleared up and made right if we all just tried a little harder to make it so.

harder to make it so.
Since I'm always right, and
those of you who enjoyed this
column last week (or maybe not)
will recall that I always am since
I'm a graduating senior, I've
decided to impart some of my
wisdom on the masses in the
hopes of making this world a better place for us all. I'm just generous that way.

ous that way.

Learn the meaning of the term
"merge." As in "I am now going
to merge with traffic on I-71."

Undoubtedly one of the most annoying things in life is to be forced to come to a full stop on the interstate on-ramp because some chickenheart can't bright scar up to speed with existing traffic.

People, like the ones I ence tered this past Sunday, need to realize they also have a gas pedal in their car. Use it!

Yes there is construction on I-71, but I don't want to hear excus-es. A simple "Yes, Kevin. You're right, Kevin," will suffice.

More common sense needs to be stocked in stores. Too many people are running around with-out getting their required daily

Case in point: I work as an alc

Case in point: I work as an alco-hol engineer at a local restaurant. I am not the information booth for my company's direct competition. Please call the operator for the phone number and directions to the place you are unsure of. Please call me if you would like to come down and visit me at my workplace. I know how to get

to been lost.

If you receive a message on

If you receive a message on someone's answerings machine or e-mail, please return it. Those of comments are seen as a series of the seen as the seen a

in, I have met thousands of differ-ent people of various back-grounds.

grounds.

Through all of these meetings, I have come to the simple conclusion that though the founding fathers of this great country of ours worked to ensure us basic inalienable rights, Most things in this world are a privilege. We need to treat them that way. Life is so much easier when we do.

• The Dallas Cowboys are the epitome of all that is wrong in America.

Their owner created a monster which he can no longer control. Even his coach can't stay out of trouble. Not surprising of a man who sent one of the proudest footwho sent one of the products root-ball institutions (Oklahoma University) down their present road of despair. At least Michael Irvin has stayed clear of trouble, so far.

If more people rejected the Cowboys, the country would be better off.

· Why don't more people take their responsibilities seriously you say you're going to do so thing do it.

Making too many commitm

only leads to more Hair Club for Men members. I don't care if Sy is a member, I don't want to hear any more of his commercials. Please, try not to spread yourselves too thin.

I hope these ramblings have righted some of your ships out there. I'm just trying to spread you might call it) out to the rest of

Read "The Weekly Columns" In The Northerner By Kevin, Becky, Justin And Chris-Tell Us What You Think!

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# Kentucky's Sheriffs Offer Safety Tips

While statistics from 1990 show the number of crimes reported on campus at Northern Kentucky University are down since 1994, there are still many dangers which students must watch out for during the upcoming

must watch out for during the upcoming school year.

According to the 1997 annual security report published by the NKU Department of Safety, 128 accounts of theft, 18 liquor violations, 11 drug violations, two weapons violations, the burglaries and four felony assaults were reported last year on campus. In a press release, the Kentucky Sheriffs' Association offered some simple measures that can be taken to avoid potentially danger-ous situations.

\*Never post information as to your whereabouts on your down room door. If an intruder knows that you are away - it's an open

er knows that you are away - it's an open invitation for them to break in.

place.

\*Familiarize yourself with campu gency call box locations.

gency instincts. If

\*Learn to trust your instincts. If you feel uncomfortable in a situation, get out of it. Don't allow anyone to violate your comfort

"College campuses are extremely vulnera-ble to crime because of their openness," said Ray Stoess, executive director of the KSA. Another contributing factor is that students tend to develop a false sense of security because of the seemingly peaceful surround-

ings."
Fred Otto, director of the Department of Public Safety, said that everyone on campus needs to be involved in public safety.
"We have an Active Crime Prevention Unit we use," he said. "We would rather it be

pro-active than reactive.

The unit is just one of the measures NKU ffers in hopes of creating the safest impus possible.

A rape-aggression defense class will be offered later in the semester by DPS, emergency call boxes are located throughout the campus in parking lots and common grounds between buildings, the use of pieture DPS, and the police escort service are other safety measures available.

Otto said little things can go a long way to creating a safer campus. Just knowing about your surroundings, walking with others and in well lit areas, and reporting any suspicious acts right away to DPS by using the call boxes (the emergancy number is 7777), can help.

boxes (the emergancy number is ////), can help.

DPS was honored by the Motorola compa-ny a couple of years ago for being one of the first schools in the country to have an exten-sive use of the emergency call boxes, Otto

Otto credits the decline in crime to an increase in patrols, thorough investiga-tions of crimes reported in the past, and edu-cation and prevention programs.

"It's a community issue, not just ours,"

### Gentle As A Lamb



Anna Weaver/Tr.

GET DOWN DEAN LAMB: Dean William Lamb talks with stud
Maschinot and Jeff Murray during the first week of classes.

# Where NKU's Keg Is Tapped....



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### Disorderly Conduct

A bursar office employee called DPS to report a student who was upset about his tuition payment. The complaintant stated that the student was yelling obsenities at her, and threw a stack of the Bursar offices comment cards all over the lobby floor. The subject fled the area, headed University toward Center. Upon receiving a discription of the suspect and of the vehicle he was driving, DPS searched the area. The subject was never found.

### A Peeping "Tom" At The Dorms

An officer noticed a male laying on the ground near Commonwealth Hall. The suspect was attempting to peer into the women's restroom on the first floor. The subject left on foot when he noticed the officer. The Residential Assistant was notified, and several checks were made of the area that night.

### **Traffic Stop**

**DPS Reports-Summer 1997** 

A DPS officer observed a DPS received a comcar traveling on Johns Hill Road with an expired registration sticker. Upon stopping the car, the officer campus over the sumnoticed a mild scent of alcohol. The operator failed to show proof of insurance and registration. The suspect also had an expired driver's license.

### Drug Paraphernalia and Alcohol Found

Two DPS officers noticed a car traveling on Nunn Drive with one inoperable headlight, and one pointed toward the sky. After stopping the vehicle, the officers discovered that the driver's license was suspended. Upon search of the vehicle, the officers also found a marijuana pipe containing residue, six beers, two M-88 fire crackers, and an operator's license of a person not present. Both the driver and passenger were arrested.

### Pick Up Man

plaint about a man attemptiong to "pick up" the Governor's Scholars who were staying on mer. The suspect's vehicle was stopped and the two males insode were questioned. The officers were given permission to search the car, and five marajuana roaches were found in an ashtray. The suspects were found to be contractors living in Woodcrest Apartments.

### Suspicious Activity

A DPS officer noticed one male and one female parked in Lot Q. The male exited the car, noticed the officer, and proceeded to drive to the gates in front of Woodcrest Apartments. The officer pulled the car over, because of his suspision that there may be alcohol in the vehicle, or underage posession. The passenger removed a of Captain fifth Morgan's Rum that was cofiscated by the officer.

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PLAY BEGINS: WEEK OF TUES., SEPT. 16



### SOFTBALL LEAGUE

MEN'S LEAGUE, CO-REC TOURNAMENT

SIGN UP BY: TUESDAY, SEPT. 2

LEAGUE PLAY BEGINS: MONDAY, SEPT. 8

CO-REC TOURNEY: THURSDAY, SEPT. 11

### SOCCER LEAGUES

MEN'S AND WOMEN'S

SIGN UP BY: FRIDAY, SEPT. 12

PLAY BEGINS: WEEK OF WEDNESDAY, SEPT. 17



Week!

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# **NKU Sets Sights On NCAA Tournament**

Volleyball team showing signs of confidence for 1997 season

By Chris Cole

The NCAA Division II

According to head coach Mary Biermann, that is the ultimate goal of the NKU volleyball team.

She says the team knows what it takes to make it there, despite have ing been denied an expected berth

ch of the last three seasons.
"I expect that this year will be one the best teams NKU has ever h

junior setter Molly The Norse finished 28-7 last season, but came up short in the Great

Conference champi two-hour battle with Indiana-Purdue University at Fort

14-16, 15-12, 15-13, ended NKU's hopes of making the NCAA

"That was a tough loss ... You kind of can't get over a loss like that until you vindicate it." Biermann said. She said that the loss helped her

"We want to get back to that game and have it in our gym,

Biermann said.

If the Norse accomplish th mission. NKU could finally receive that elusive NCAA Tour

Each of the previous two seasons, NKU finished with a 30-3 record, and did not receive an invitation to

"We're happy that this year we know it'll be determined on the court, not in a rankings meeting," Biermann said. She said her team is confident that a trip to the tournament is just a matter of time

Donovan said the team expects to ake it to the regionals of the NCAA Tournament this season, but

doing that would depend on how well NKU plays on-conference

"We have to play well against (nationally anked) Northern Michigan...and

She said that NKU's schedule. which includes seven top-25 teams beginning with Florida Southern on Friday, is packed with teams that play at a "higher competitive level." Bierman said that NKU's sched-

to play out our schedule and do



Jeff Mcurry/The Northerner
SETTING UP FOR A BIG YEAR: Junior setter Molly Donovan needs
just 469 assists to become NKU's all-time leader.

well...there is really no doubt in all six starters from last seas

strong schedule, success will mean an invitation to the NCAA

nybody's mind." squad that just missed winning the Biermann said that with such a GLVC championship.

"We have the players and depth at every position. When we go to our bench, we really don't lose much," p. Biermann said.

She said that her team has the experience and understanding to know what it takes to succeed, and that they have not yet reached their ultimate goal.

The Norse have five seniors and

Donovan returns to lead NKU. A former freshman of the year, Donovan earned All-GLVC honors

She recorded 1,418 assists last year, and needs only 469 this season to become NKU's all-time assists leader. She currently has 2,677 for

Donovan also led the team with 65 service aces. She contributed

"Molly is our quarterback,"

Donovan said that her job is to instill confidence in the team. "If I just stay focussed and positive throughout practices and games, then there will be a chain reaction."

Junior Angie Freeman and soph more Liz Lamping give NKU depth

### **Outside Hitter:**

NKU's success will also depend on sophomore outside hitters Jenny Jeremiah and Jenni Long.

Last season, Jeremiah and Long stepped in to replace All-GLVC outside hitters Kerry Lewin and Colleen Kaufman.

The two combined for 645 kills nd 695 digs.

Jeremiah led NKU with 344 kills

and 368 digs.
"I personally hope I do better than last year, and I expect us to make it

really far—even to nationals," Jeremiah said.

"Everyone will play a huge role for us this season," she said. "We definitely can win the national

championship."

Long finished second on the team with 327 digs, while contributing 301 kills and 33 service aces.

Senior Carrie Blomer, hampe by injuries the last two years, begins her fifth season with the team. Biermann said Blomer is "happy healthy and hitting the volleybal harder than ever.

"She's really having an excellent preseason," Biermann said.

Senior Becki Fisher finished last season with 73 assists, 33 service aces and 174 digs.

"Becki is a great leader," Biermann said. "She's a good moti-

vator—very demanding."
Junior Kim Jones contributed
231 kills and 227 digs for NKU last
season. Senior Danielle Froelicher (92 digs) adds depth at outside hit-

### Middle Hitter:

Seniors Miriam Hall and Jennifer Thomas will secure the middle for the Norse this season.

Thomas, who was named the team's most improved player last season, contributed 174 kills and led the team in both solo blocks (27) and assisted blocks (76). "She really is an excellent block-

Biermann said.

Hall contributed 199 kills and 61 assisted blocks last season.

Junior Andrea Thompson sophomore Candi Downs and shman Jessica Buroker add depth

# 1997 NKU Volleyball Roster



Jenny Jeremiah Sophomore, Outside Hitter Seton High School



Andrea Thompson Junior, Middle Hitter 5-10 Lakota High School



Candi Downs Sophomore, Middle Hitter Dayton High School



Carrie Blomer Senior, Outside Hitter Mt. Notre Dame Academy





**Molly Donovan** Junior, Setter 5-9 Notre Dame Academy



Miriam Hall Senior, Middle Hitter Jennings Country High



Jenni Long Sophomore, Outside Hitter Princeton High School



Norwood High School



Junior, Outside Hitter 5-9 Notre Dame Academy



Angie Freeman Junior, Outside Hitter Lakota High School





Recki Fisher 12 Senior, Outside Hitter



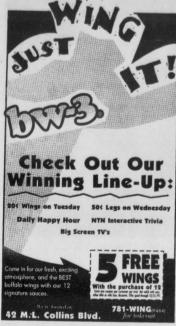
Senior, Middle Hitter 5-10 Waubonsie Valley High



Jessica Buroker Freshman, Middle Hitter Bluffton High School

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# Norse News'n' Notes

### Weekly Column

By Chris Cole Sports Editor

In keeping with the theme of President Votruba's "State of the Campus Address" last week, I have decided to give a "State of the Campus Sports Address". First of all, to those that are new

First of all, to those that are new on campus or those that don't really care about Norse sports, let me say that NKU has a lot to offer. With twelve NCAA Division II programs, there is plenty to choose from. So here is a brief overview of each

Bill Aker's team finished 26-19

Bill Aker's team timished 26-19 overall last season and 11-12 in the Great Lakes Valley Conference.

The season was highlighted by rilliant pitching, as one pitcher tossed a no-hitter and another became NKU's all-time winningest

Lefty Scott Wiggins struck out a

Lefty Scott Wiggins struck out a caree-best 13 batters en route to his first collegiate no-hitter in a 1-0 vic-tory over Concord. Senior pitcher Mike Kichler earned his 29th career victory in a 6-0 win over Kentucky State that ended when Kentucky State's pitch-er was injured and the team was forced to forfeit.

Kichler would add one more vic-tory to finish his career 30-12 and become NKU's all-time winningest

Baskethall (Men's):

NKU finished the season 30-5 erall and 16-4 in the GLVC.

conference schedule and earned a perth to the NCAA Division II

NKU wasn't challenged in the Great Lakes Regionals, and saw lit-tle resistance in the quarterfinals

For the second consecutive season, NKU played for a CBS audience of over 30 million people. The Norse Fought valiantly, but fell one point short and again had to settle for the runner-up trophy. Highlights of the season included LaRon Moore becoming NKU's all-time leading rebounder, Shannon Minor becoming NKU's all-time leading assister and Paul Cluxton setting a free-frow record that may setting a free-throw record that may never be broken.

Cluxton shot a perfect 100 per-cent from the free-throw line last season. He is the only player in the history of the NCAA to do so with

Cluxton went 94-94 for the sea-son. He set records for both con-secutive made foul shots in a season

(94) and in a career (98).

Basketball (Women's):

Nancy Winstel's team finished
17-10 last season (14-6 in the GLVC)

After starting the season 2-5, the Norse would have win streaks of seven and six games and lose only five of their last 20.

The Norse just miss out on an invitation to the NCAA Tournament, and say that 1997-98 will be their year

They prove it by signing Jaime Garner during the offseason. Garner, a transfer from the University of Indiana, begins her first season with NKU as an all-GLVC candidate.

The Norse finished second in the Bellarmine Invitational, led by senior Jim Cole, who ran the 8K who scored 11 goals and 12 assists

race in 28:56.

NKU followed up their second-place finish with a third at the Hanover Invitational

Cole again leads NKU with a 27:58 8K performance.
The Norse finished sixth at the

Wright State Invitational and ninth at the Earlham Invitational

at the Earlham Invitational. NKU finished second in the Rio Grande Invitational, led by junior Nick Kleiner's 27:15 8K run.

The Norse finished their regular season with a 10th place finish at the Queen City Invitational.

NKU finished seventh in the GLVC Championships and 19th in

the Great Lakes Regionals of the NCAA Division II Tournament. Cross Country (Women's):

The women's cross-country team finished ninth in the GLVC Championships.

NKU was led by freshman Nicole Talbert, who finished with the sixth ritational. She led NKU in half of 's eight races last season. Golf: best individual time at the Rio Grande

m finished in fifth place in the GLVC Championships last sea-

The highlight of NKU's sea came when the team won the University of Dayton Invitational. Senior Matt Eilers led the team with an (+8) 80, followed by senior Brandon Reis with a (+9) 81, sophomore Jason Weidner with a (+9) 81, sophomore Jason Weidner with a (+12) 84, freshman Mark Oligee with a (+12) 84 and freshman Chad Hall with a

The Norse finished eight in the CAA Division II District NCAA

during the season.

NKU didn't lost a game until it's
10th contest last season, which was a
2-1 overtime loss to Wisconsin-Parkside. NKU would go on to lose
five of its last 11, including a 1-0 loss
to Missouri-St. Louis in the NCAA

Following the season. Roberts is ronoving the season, rocerts is named second team NCAA Division II All-American and is later drafted professionally by the New England Revolution.

Soccer (Women's):
The women's soccer program did not exist last season. The 1997 campaign marks the inaugural year for the NKU named Bob Sheehan head

NKU named Bob Sneenan nead oach in late Spring.
Softball:
Mary Biermann's team finished last cason 26-27 overall and 9-15 in the

The Norse, after beginning the sea-son 0-2, win 11 of their next 13 games.

The season was highlighted by a pair of no-hitters by pitchers Lisa Cornett and Melissa Campbell. NKU lost to Wisconsin-Parkside 0-8 and 3-6 in the GLVC Tournament,

and drops its final two season to finish 26-27. Tennis (Men's):

### Geoff Crawford's team finished 13

10 overall last season and 5-3 in the GLVC. The team was led by Darren Giuggio, who finished the season 15-3 overall and 6-1 in the GLVC.

Giuggio was named GLVC Player of the Year.

of the Year.

Tennis (Women's):

NKU finished 5-14 overall and 5-4
in the GLVC. Freshman Nichole
Thompson led the team with eight
wins. She finished the season 8-8.

Volleyball:
For volleyball undute see page 4.



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### Weekly Column

By Becky Bergman Features Editor

First week of school-stressed out already?
Have you found yourself sitting in the wrong classroom at the wrong time? Have you been unable to get into a course that you desperately need to graduate? Are you tired of parking in Siberia and arriving late to class? Have you been pinching pennies to afford those books that UPS didn't deliver? And are last years relaxing memories of spring break fading by the minute?

If you answer yes to these questions and you re feeling the pressure, your not alone. housands of college students just like yourself re dealing with the universal stress of college

Stress, by definition, is the physical, mental and emotional reaction you experience as a result of changes and demands in your life. In college change and demands are inevitable. Along with life's daily hassles such as traffic jams, long lines, and petty arguments college students must tackle work, study, and relationships simultaneously.

Sometimes it is difficult to admit that stress is affectine your health. Declores recommend that

affecting your health. Doctors recommend that to avoid health problems such as physical or mental illness, that you watch for it earliest effects. Then you can take action and cope with

it. What are the classic signs of stress? You get a headache, nagging back ache, rapid breathing, sweaty palms, or an upset stornach. (And you thought it was the cafeteria food!) You may also become irritable and intolerant of minor disturbances. You may even lose your temper more often and yell at your family for no good reason.

So what do you do once you locate the clas

reason.

So what do you do once you locate the classis signs? Drop out of college and move to the Bahamas right? Wrong.

Unfortunately some college students try to relieve stress by smoking, drinking, overeating, or taking pills. There are healthier options.

Use the buddy system. By expressing your feelings to others you are better able to cope with them yourself. People who develop a source of understanding with their spouse or good friend have lowes tress elvels.

Jeanine Condit, a freshman at NKU says that talking to the best friend always makes her feel better. She said. "My boyfriend Mario is my major source of my stress in my life. When we get into an argument the first thing I do is call my best friend as on that she can tell me that I am right and he is wrong. Sometimes a little bit of male bashing is all I need to relieve some stress."

Exercise and athletics is a natural response to stress. You don't have to jump into the boxing ring with someone. Just take a brisk walk. Walking takes advantage of the rapid pulse and tensed muscles caused by stress, and will

tensed muscles caused by stress, and will release the pent-up energy.
Student Christie Schmeing says that on really stressful days she pounds a busketball on the pavement to see which one breask first. On less stressful days she exercises until exhaustion. She said. "A good cardiovascular workout always clears my thinking. If not, it makes me too tired to think anyway. Either way it relieves some of the stress."
Not all stress is bad. Positive stress called eustress is a motivator, challenging you to act in

Not all stress is bad. Positive stress called eustress is a motivator, challenging you to act in creative and resourceful ways. It is only when challenges and demands overwhelm you, rega-tive stress, called distress, sets in. When Natalie Bowenizer, a senior Education major gets "stressed to the max," she says that the only thing she wants to do is take a hot bath and have a cup of tea. There are countless was to relieve stress. The

There are countless was to relieve stress. The secret is finding an effective one to fit you.

## The Freshmen Life: Campus Then and Now

"I think it's a good thing. Maybe [NKU] won't be

such a suitcase college

anymore."

-Lee Ann Callis

By Margie Wise

First year student and volleyball play-er Jessica Buroker said there are many pros and cons to being on her own for the first time.

" I think we have more freedom to make our own decisions," Buroker said. With that freedom comes exposure to

many different experiences she was sheltered from at

Buroker describes Buffton, Ohio, her home town, as a Utopia, a place where she was protected from violence and drugs.

Buroker said one

of the negatives about being away fr home is missing her family, who are located in Bluffton. She has two younger sisters; Tara, 15, and Alexa, 10. She also has a dog, Sasha, and a cat named Adventure

But when asked what she most missed about home, Buroker answered, her pri-vacy. "I'm a private person. I miss hav-

mg a piace to be alone."

Although, with her hectic schedule,
Buroker hasn't had too much time to be
homesick. She said she is on a
Volleyball scholarship from Bluffton

High school, and is at practice several

High school, and is at practice several hours each day. Buroker said she also enjoys getting to know her new roommates, and meeting a lot of people. Lee Ann Callis, junior political sci-ence major, said "It's a fact that there's

more freshman on campus than ever before. I think it's a good thing. Maybe [NKU] won't be such a suitcase college

Callis said increased amounts of students on campus will help the incoming class better enjoy college.
"I feel that the

re."
"I feel that the experiences and people you meet in college are the best of your life and having a lot of friends only odds to that experience."
Suzanne Fleming, Senior Theater/Art major, said that this years freshman seem a lot wilder than her class.
"I think the only potential problem when you get a lot of [freshman] living away from home for the first time is

away from home for the first time is that they live like it's their first time away from home." Fleming added the benefit to living

on campus is it puts you in the center of college life, and the many more stu-dents on campus this year could help give Northern a better reputation.

### Little Putter



Anna Weaver/The Northerner

Anna Weaver/The Northerner

Campus Recreation Golf game last Wednesday.

# APB Provides Activities and Events On Campus

By Jennifer Turnau

Are you a new student on campus? Or maybe you are a returner looking for ways to get more involved on campus? Student Eife has the answer you are searching for.

A division of Student Life, the Activities Programming Board (APB), organizes all Northem Kentucky University's events. The board is funded by the student incidental fee, and plans activities for students, faculty and staff. According to the 1997-98 student hand-

the APB fall into the following four categories

Social and Special Events-This includes
 Homecoming Week, Musicfest, and the activities for the residence halls.
 Lecture and Performing Arts-The APB

has been responsible for bringing guests such as Maya Angelou and Kurt Vonnegut to NKU. This division also arranges events held during Black History Month and Kentucky Awareness Week.

Contemporary Entertainment-This committee brings comedians, musicians, afternoor

Joining a Committee, Leadership and Involvement- NKU students who are in good standing with the university can improve their

leadership skills by becoming a member or chairperson of a committee of the continued of the Aside from the activities coordinated by the APB, NKU offers sororities, fraternities, clubs, religious organizations and societies for stu-

A few of these opportunities are: nvironmental Law Society, Young Life, Ski lub, GLOBAL, and the Black

There are currently five national sororities and six national social fraternities on campus. NKU also offers many academic and leadership clubs and fraternities. Some of these

Sing closs and macrinios. Some of uncessing include Alpha Phi Omega, Norsel Leadership Society, and Sigma Alpha Iota.

Students are encouraged to become involved in any organization that they are interested in. For more information about any of the organizations mentioned, please refer to your student handbook, or call Student Life



By Justin Lynch



## Calendar Of Campus

### August 28, 1997

. Fun Dome Skating Rink in Florence, Ky 7:00 p.m. to

African-American Student Affairs Office/ Black United Student Organizations
September 2, 1997

Ladder League Tennis Tournament
 Albright Heatlh Center, NKU.

September 6, 1999

· Butterfly Garden Planting Day on NKU main plaza at 8:00

Beta Beta Beta

### September 8, 1997

NKU Baseball Tryouts on Baseball Field NKU Baseball Team
September 12 - 14, 1999

### · New International Student Orientation at Camp Allyn in Batavia, Oh.

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# A Positive Outlook

The following is an excerpt from the diary of a fictitious, yet typical, new student at NKU and his discoveries in his first week.

My first week at NKU was very strange. I'm a little tired today after having to park out in the Scrappy Doo section Z in the gravel lot. I guess I should have just parked in my driveway and walked here. I started to complain about the parking situation to my friend who goes to U.C. He just laughed and laughed. I guess the parking situation is a little worse there.

At first, I thought this school was ugly. I don't understand why everything's made out of concrete. The art is weird here. They've got a big metal box in the middle of the only grassy part of the whole school. But then, I went up to the top of the hill by the Albright Health Center and I could see the whole city of Cincinnati. It's absolutely breathtaking at night. Plus, when you look at the whole university when you're coming down Nunn Drive, it has a certain peculiar beauty to it. I don't know what it is, but I guess this modern stuff sort of grows on you.

I went to McDonald's for lunch. I ordered a quarter-pounder and a chocolate shake. They didn't have those. I checked the sign again, I saw that it really was McDonald's. I tried to order a salad because I know McDonald's has salads. Again, I was out of So I went upstairs where they had all sorts of stuff that I liked. In the checkout line I met my new best friend Emma. She cheered me up right away by saying, "Now you have a good day, sugar.

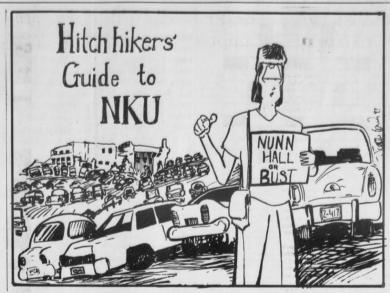
I was really surprised when I went into my first class. When I imagined college, I thought there would be about 100-200 people in a big lecture hall. There were only about 30 students in my class, and my professor, not a graduate assistant, taught the class.

I knew when I went through Transitions that NKU had pretty many activities. I was a little bit scared to join anything at first because I thought it

would be intimidating being just a freshman. But then everyone was so nice. The people who get into activities at NKU seem to be the ones who are

having the most fun. I'm going to be one of them, too. Everyone I've met has been so nice and helpful as I start into my second week here. When I told my friend from U.C. about all the nice people I met, he was surprised. He's thinking about transferring now.

Well, NKU makes me think college won't be so bad after all. So, I guess in the infinite wisdom of Annie, "I think I'm gonna like it here.



## Dorm Life Not So Bad At NKU

### Roommates Make Living On Campus A Little

### Weekly Column

By Justin Lynch Viewpoints Editor

At the very least, with the first week of school under our belts, we can say we're still passing. The first week is largely given over to the grand formality of get-ting the big engine of higher edu-cation to turn over and run smoothly. smoothly.

smoothly.

Running the gauntlet at the bookstore, laying siege upon the Bursar's office, and following the paper chase of the financial aid office, these are activities that often consume more time and effort than the first week

classes.

But all of this can take a backseat to an even more tedious process, settling in to the dorms and assimilating to the dreaded campus life

You could fill volumes abou You could fill volumes about navigating the bureaucracy of checking in. There are specialists to likesing in. There are specialists to likesia the carpal tunnel syndrome you get from all the forms that need signing. What I'm talking about though, is the actual living with with complete strangers; whole sillage of them is feet. a whole village of them in fact.

a whole village of them in fact.
"What's your major and where
are you from?" More times than
not this question comes before
"What's your name?" You end up
knowing more people by physical
description and major than by

name.
"That blond guy from the art department with the glasses

stopped by," I would say.
"You mean Rich?" my room

mate would say.
"No, I mean that blond guy with glasses. The art major," I would

"Oh, you mean Steve then," my

"Oh, you mean Steve then," my roommate would say. Dialogs like this took place constantly, and it soon became apparent a message board of some sort would be a valuable com-If you lived in the dorms the

previous year, then it's a little easier. You have the luxury of experience, you know some peo-ple, you know which activities suck, and which don't, which dinner entrees to avoid, and most importantly, how to get away with

Well for cryin' out loud go directly to the nearest new dorm

resident and tell 'em everything you know.

you know.

Twice.

There is nothing worse than not knowing anybody, doing things that are crappy, getting violently ill, and getting caught.

These are things most college students try-din-earnest to avoid:

\*Asrar matter of congeniality.\* it's best that your programmater.

best that your roommate avoid these things too.

I consider myself lucky. This could have very well been a rant about the tyranny of evil room-

about the tyramy or mates.

Instead I'll pass along this bit of wisdom I was moderately blessed with by the three guys I was given as roommates: Lonely, bored, sick, and delinquent roommates tend to bring everybody down.

The less there are the better.

### North Poll

# What was your best or worst experience of the first week of classes?



Jeff Coppage Sophomore Undeclared

"The best thing that hap-pened was I dropped my Statistics class."



Basham Junior Nursing "The worst thing that hap pened was I tripped and fell up the steps in the Natural Science building. It was



Brandon Wells Electronic Engineeing

thing about the first week of school was having to deal with havoc of the bookstore.



Geiman Undeclared

thing about the first week of school was all the free stuff. I didn't have to buy lunch

### THE NORTHERNER

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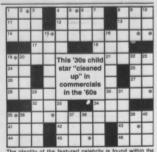
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ur flair for the dramatic may come in useful
your home with fragrant flowers and candles
omance is on the way.



Cancer (June 21 - July 20)

p being so nosy with friends and family. Contrate on straightening out the issues in your
n life. Leo (July 21 - Aug. 21)



Virgo (Aug. 22 - Sept. 22) is going to get to you, so find a way to blow am. It also is important to watch your diet



Libra (Sept. 23 - Oct. 22) sees mood swings have got to go or you may lose ur friends. Sit down and get to the root of the



Scorpio (Oct. 23 - Nov. 22) fiscally minded when shopping. Do a lit rch and find the best buys. You may need bey for something important later.





Capricorn (Dec. 21 - Jan. 19) a new hobby, or take classes in languages or rts. Your mind, soul and body will be en-by your endeavors.



Aquarius (Jan. 20 - Feb. 18) sugh the annoyances in your life and get stever you can. Less is better, especially mes to complications.



Pisces (Feb. 19 - March 20) and direct when discussing er oved one needs to hear your