Step by Step

by Marguerite G. Bouvard

for Preah Maha Ghosananda

Hands folded, head bowed. he would walk the narrow paths through jungles, the ground still sown with landmines at the edges of trails. Step by step he journeyed, his glasses fogged, his hitched-up monk's robes tangled in bushes. Behind him trudged rows and rows of chanting monks and nuns. Sometimes shells screamed above and firefights exploded on either side. Sometimes they joined streams of refugees alongside ox-carts piled high with mattresses and caged chickens. We must find the courage to leave our temples and enter the suffering-filled temples of human experience. How else to reach a man digging his fields, the woman bent over the river washing, a lone soldier hoisting his rifle? Step by step, to spread the Metta Sutta, the words of love, healing the martyred decades of Cambodia.