

Northern Kentucky University

THE NORTHERNER

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Wednesday, December 5, 1990

NKU Has New Holiday Greetings Card

DAVID DOWARD
ASSOCIATE EDITOR

Sophomore graphic arts student Amy Frey received \$100 for designing the front cover of NKU's new, official holiday greetings card.

The old card was designed at least six years ago, and this year, President Boothe said it would be nice to have a new card designed by an NKU student, said Brenda Rigg, secretary to the Vice President of University Relations and Development.

Ellen Gerken, assistant art professor, said she was contacted by University Relations to conduct a contest for the new card.

"I decided which class it (card contest) would be most appropriate in," she said.

Gerken chose Art 225, Introduction to Graphic Design.

Twenty-three students participated in the contest.

Contest winner Frey said, "I went into the project feeling I didn't want to bother with it, but I felt it was important."

"The card was designed to show the university in a favorable light—to reflect a positive image of the university," Gerken said.

The new card cover consists of three separate sketches of the university, the words "Season's Greetings" and a grass foreground with the words Northern Kentucky University on it.

The card will be printed in black, white and metallic gold ink, NKU's school colors.

The copy for the new card was written by fellow classmate David Elig.

Kathy Stewart, University Manager of Publications and Periodicals for the Office of University Relations, designed the old card.

The old card was made in-house and wasn't too showy, Rigg said.

CARD on page 5



TIS THE SEASON— NKU rings in the holiday season sporting a specially designed greetings card.

NKU Graduates Head To Saudi

KEITH SHERMAN
STAFF WRITER

Two NKU graduates are serving their country as part of Operation Desert Shield in Saudi Arabia, and a third graduate may be on his way.

The three graduates, Tracy Davis, Mike Moore and Chris Sherman, are second lieutenants in the U.S. Army who are or may be deployed in the next few weeks.

Davis, a former NKU basketball player from Indianapolis, Ind., is assigned to duty in the military intelligence branch, said Maj. Roy Berwick, professor of military science.

Berwick said Davis was deployed about the middle of November.

Before his deployment, Davis was back at NKU to visit Coach Ken Shields and the men's basketball team.

"Tracy came in the locker room and said a few words to the team before our first game," Shields said.

"Tracy talked about the importance of getting an education and becoming the best that you can become," Shields said. "He appeared confident, but you could feel the apprehension."

"It put things in perspective," Shields said. "Here we are worrying about playing a game and the players worrying about how much playing time they'll get, and there was Tracy, who is facing a possible life or death situation."

Sherman of Edgewood, Ky., a field artillery officer, is being deployed from his duty station in Germany, Capt. Mike Prioleau said.

"Chris is being deployed sometime about the middle of this month," Prioleau said.

Moore of Summit, N.J., completed the Army Airborne School while he was a cadet here at NKU, Berwick said.

Moore, an infantry officer, is also a former NKU graduate.

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Losing Weight: What Really Works

LISA SPERANDEO
STAFF WRITER

Nutritionist say there is only one way to lose weight, keep it off, and stay healthy—exercise more and eat less.

Sounds simple, right?

Still, Americans spend \$32 billion annually on weight-loss clinics, books, pills, diets and diet products hoping to achieve their ideal image.

"The emphasis on thinness is constantly increasing," said Billy Finigan, marketing director for the Christ Hospital Eating Disorders Clinic in Cincinnati.

"Eating habits are a way of handling stress, anxiety and pressure," he said.

There are many weight-loss promises advertised such as "lose lots of weight," "no exercise" and "no calorie counting." Some ads even claim their diets are "magical."

Some diets live up to the promises made by their ads. However, others have long-term effects, or disappointments, that dieters are not informed of before they invest their time, effort and money.

Low carbohydrate diets such as the Air Force Diet, Drinking Man's Diet or Herbalife Diet are marketed with statements such as "lose weight fast" or "never feel hungry" and are misleading, according to "Nutrition: Concepts and Controversies,"

a nutrition book by Hamilton, Whitney andSizer.

The "weight" that is lost through these types of diets is mostly water and muscle tissue, not fat. The body gets the energy it needs by breaking down the muscle tissue since it is no longer provided by carbohydrates, NKU nutritionist Debra Pearce said.

Rapid weight loss occurs, but weight is gained right back once the diet is stopped.

"There is a greater percentage of water and muscle loss to fat loss than there is on a well-balanced diet," Pearce explained.

"That is not what you want to lose."

Other types of dieting are the low-calorie diets. They strive for normal body chemistry, lean body tissue and good health.

Low-calorie diets allow 600-1,500 calories a day. Normal RDA (recommended daily allowance) for calorie intakes for ages 23-50 are 2,000 for females and 2,700 for males.

Low-calorie diets are considerably successful with weight loss; however, two-thirds of the dieters gain back the weight once the diet is stopped.

"Nutritionists would not like to see a diet drop below 1,000-1,200 calories a day, because it is difficult to get all the nutrients you need," Pearce said.

Other diets such as the grapefruit diet,



WEIGHING IN— Junior Ivy Gerrein is assisted by NKU nurse Mary Rosenfeldt as she weighs herself in Student Health Services, UC 300. Northern photo by Lisa Sperandeo.

fiber-filled diets or spinach diets are considered fad diets by nutritionists.

The agents in these diets have no fat-burning capacity, but are effective because they employ rituals that are monotonous.

Monotony in the diet reduces food intake, thus causing weight-loss, scientific studies show.

The most effective weight control program includes exercise, said nutritionist Anda Lou Gouge of Tristate Consulting Nutritionists. Weight loss without exercise will cause the "yo-yo effect."

"Yo-yo dieting can be very detrimental to your health," explained Wendy Russell, registered dietitian for St. Elizabeth Medical Center.

"You can damage the heart muscle and arteries," she said. "I've seen people really mess up their system."

If there is no exercise to keep the muscle mass strong while dieting, both muscle and fat tissue is lost. When returning to normal eating habits, the fat is gained back but the muscle is not.

"The ones (dieters) that start exercising and keep it up are the ones that keep weight off," said Russell.

"Exercising is like brushing your teeth—you never stop."

Once fat is gained, since fewer calories are needed to maintain fat than to maintain muscle, excess calories add even more fat to the body than before the diet, and ultimately, more weight.

"We have people come in who have lost 50 pounds with 'X diet' and gained back 70 pounds," Gouge explained.

"Some weight loss clinics and products only promote short-term weight loss."

"People depend on a product to lose weight without changing their eating habits," she said. "Once they are off the

product, they gain the weight right back."

The advertising logo for the Nutri/System weight-loss program is "We succeed where diets fail you."

The program is personalized to each individual's weight-loss goals and is priced accordingly.

"As far as cost, it depends on the program you choose," said Carla Hofer, manager of Nutri/System in Cold Springs.

The program consists of low-calorie meals starting at 1,000 calories per day, weight and behavior counseling (individually and in classes), light exercise and weight maintenance.

The meals, which are bought through Nutri/System, are prepackaged and nutritionally balanced.

"The only thing you have to buy at the grocery store is milk and ingredients to make salads," Hofer said.

The staff is made up of a nutrition specialist, a weight consultant and a behavior breakthrough counselor. The nutrition consultant can be either a dietitian, a dietary technician or a nurse, Hofer said.

"We teach people to control their eating habits," Hofer explained.

"There are so many other things you can be doing instead of eating or thinking about food, food, food."

Hofer said, after the dieter's weight goal is reached, the maintenance program eventually permits grocery-bought food for five days a week, while continuing Nutri/System meals for two days.

The Bethesda Weight Control Program is geared towards people who are at least 30 pounds overweight.

This medically supervised program has a staff consisting of a medical director, nurses and a medical technician.

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Losing Weight: What Really Hurts

MICHELLE WILLOUGHBY
STAFF WRITER

Amy looks like any normal woman on campus, but she's not. Amy is recovering from bulimia, an eating disorder characterized by bingeing and purging food.

Amy spoke to Debra Pearce's nutrition classes Nov. 12. It was the third time she spoke to a large group about her problem.

Amy has suffered from bulimia for 10 years. It started in her senior year of high school.

She has been in the hospital for this condition twice. The first time she was in for three months and the second time she was in for three weeks.

Amy also fought a bout with cancer. She believes bulimia weakened her body so much she developed cancer.

Amy said bulimia is an addiction. In the beginning, one thinks they have control, she said.

She said bulimia affects a person emotionally as well as physically. Amy said it

was her way of handling emotions.

The only way a person can get help is admitting the problem.

Amy suggests friends should be very supportive of bulimia victims. The victim needs to feel that someone cares about what happens to them.

The sooner one can get help, the sooner one will get better, Amy said.

Amy doesn't consider herself a typical bulimic. Normally, bulimics isolate themselves and will not socialize.

She said the reflex of vomiting goes away after time for those who can break the vicious cycle.

Amy said it is very frustrating. She is still in therapy and trying to find out why she does it.

She said her problem stems from her relationship with her father.

Many young women are unhappy, she said. They feel if they reach a certain weight they will feel better. They seek acceptance. They seek love.

She said support groups help the victim realize they're not alone.

Pearce, associate professor of the biology, said at least half the females in the United States will say they are on a diet this year.

It is a psychological and traumatic experience. She said by controlling their bod-

ies, they have some sense of control in their lives.

Ten percent of women die each year due to complications such as cardiac arrest and malfunction of the kidneys, caused by anorexia and bulimia.

Bulimics are usually normal body weight. They become secretive in behavior. They consume 5,000-7,000 calories a meal at a time.

Normally, due to practice of vomiting and taking laxatives and diuretics, they lose muscle tone in their small and large intestines.

Over time, if laxatives are abused, the bulimic will need to use a bowel bag.

Bulimics also do damage to the valve which keeps stomach acid from the esophagus, located at the base of the esophagus and the entrance of the stomach. Once it is damaged, the esophagus will become scarred by the acid.

In addition to the esophagus, the acid removes enamel from the teeth.

Dentists are usually one of the first people to detect bulimia.

Also, the stomach can rupture due to constant regurgitation. There is an 80 percent mortality rate for those who suffer a ruptured stomach.

Anorexia is self-imposed starvation.

AMY on page 6

Weight from page 2

"Patients get nutrition education, stress management and some physical activity," said Janet Bostrom of the Bethesda program.

The program lasts 33 weeks and has a two-year maintenance program, which is considered the most crucial stage.

"We state that very emphatically at the beginning of the program," Bostrom said.

"It's a supplemental program of 600 calories a day. There is no food at all in the beginning, then they phase off into food for a total of 800 calories a day," Bostrom continued.

Very low calorie diets, 600 calories or less per day, can be dangerous over a long period of time, Pearce said.

"Very low calorie diets are basically starvation diets," she explained.

"If you continue with a low-cal diet for a long period of time, your metabolism lowers and your body acts as it would if you are going to die.

"Without being medically monitored, you run the risk of being severely damaged," Pearce continued.

"It is important to scrutinize a dietary regimen before paying for it and depending on it to 'do the job,'" a recent special report by the Tufts University Diet & Nutrition Letter stated.

This is the list of questions that the report suggests a customer should ask

about these programs before "plunking down money for" them:

- Can you live with it indefinitely?
- What is the recommended rate of weight loss?
- Does the program take individual differences into account to determine caloric needs?
- To what extent does it educate the client in nutrition, behavior modification and the importance of exercise?
- Does the program put you in contact with professionals such as physicians, registered dietitians and psychotherapists?
- What percentage of clients reach goal weight and maintain their losses?
- Does the program offer a maintenance plan once the weight is lost?
- What is the nature of the ads? Do they provide hard proof or merely testimonials?
- How much does it cost?

Pearce said training how to eat and being nutritionally well-balanced should be the ultimate dietary goal for life.

"You should learn how to live in the real world and make your own dietary decisions," Pearce said.

"Most people know how to lose weight but do not take the time to do it right—to change their lifestyle."

"Nutrition Concepts & Controversies" advises; "If it sounds too good to be true, it probably is."

TOP 10 Student Gripes

- 1) Parking; we need a parking structure.
- 2) Food Service prices are too high.
- 3) Campus life is too boring.
- 4) Library hours are too short.
- 5) Financial Aid, Admissions, and the Bursar need to get their act together.
- 6) No School Spirit.
- 7) Need picture I.D.'s.
- 8) Adopt a football team from another college.
- 9) Need to get rid of genetic toilet paper.
- 10) A complimentary degree of choice should be given to students after completion of 5 years at N.K.U.

STUDENT GOVERNMENT NEWS



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EVERYDAY

Card from page 1

The cover of the card consisted of line drawings of snowflakes, the word "Joy" and the phrase "May the holiday season be a time of joyful reunion for you and yours."

According to Frey, everyone in the class designed a card and presented it to Stewart.

"We had about two weeks to complete the project," Frey said. "It was a graded project, so everyone had to participate."

The graphic arts students presented their works to Stewart on Nov. 5.

"We got dressed up and sold our work," Frey said.

Five finalists were chosen by Stewart and Peter Hollister, vice president of University Relations and Development.

"The design selections were taken to Dr. Boothe," Gerken said. "He made the final decision."

The contest winner's name was posted on the door of the graphic arts classroom.

"I was really, really happy and surprised," Frey said.

"I was glad I wasn't the one doing the judging."

Frey, a former information systems major, decided she wanted to pursue a career in graphic arts during the spring 1990 semester.

"One of my friends was in graphics and I saw some of her work," she said. "She'd talk about things going on in her classes, and I thought 'This is great!'"

However, Frey did not enter graphic arts without any background interest. She has created wall hangings (using dyes and paints), clay lamps and sculptures from marble and granite.

"I've always had an interest in art, but I kept my works to myself," Frey said.

Currently, Frey has a bean bag telephone on sale at Art Effects in Mt. Adams, Ohio.

Art Effects is an art boutique which sells clothing, furniture and three-dimensional works.

The telephone has a receiver and a rotary push button dial system, Gerken said.

It has a vinyl outside and is stuffed with polyfil. The telephone bean bag is 3-by-21/2 feet and sells for \$150.

Frey made the phone in an introductory three-dimensional art class during the spring 1990 semester.

Despite Frey's early success in graphic arts, she said, "I don't think I'll ever be able to call myself an artist."

"I would feel like I was expected to be a magnificent artist—outstanding in every area of the arts."

Amy from page 4

Normally, it affects middle-class and upper-class women.

It is considered a young woman's condition. Most victims are between the ages of 12 and 25, but those limits are not absolute. Only one out of every 15 anorexics is male, according to estimates.

Generally, anorexia is associated with instability in the victim's home; or physical, sexual or psychological abuse; or a chemical imbalance in the body.

Bulimics and anorexics need to seek their family physician for help, Pearce said.

The medical profile of an anorexic is the following:

- Loss of 10 to 25 percent of body weight, distorted view of what they really look like, and an obsession with food.

- Menstruation will cease before the severe weight loss.

- Dry, scaly skin and brittle hair caused by malnutrition.

- Lesions.

If you should have any questions concerning anorexia or bulimia, please contact Deborah Pearce, NS 516.

Look for an interview with Amy including excerpts from her personal diary. It will appear in the Jan. 23 issue of *The Northerner*.

Graduates from page 1

mer Student Government vice president.

Diane Goetz, Moore's friend, said, "When I talked to him recently, he said there was possibility of him going."

Goetz said Moore is awaiting orders from the Army.

Moore said if he is sent, it wouldn't be

until sometime in January, Goetz explained.

Prioleau said all three received their commissions by completing the Advanced ROTC program at NKU. After graduating, the three attended Officer's Basic Course in their chosen specialty.



*April & Scott Austin
may lots of happiness
be with you when you
begin your new life
together December 22nd.
Love, Diane*

The Look Back Column will not appear this week due to lack of space. However, look for the it to resume its regular format in the next issue of *The Northerner*—Jan. 23, 1991. It's been a good semester and we hope you have enjoyed reading *The Northerner*.

— Editor.

HAVE YOU HEARD?

BEGINNING
NOVEMBER 18th

el greco

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Christmas—Has It Become Too Commercialized

DIANE GOETZ
ASSISTANT MANAGING
EDITOR

I want a Teenage Mutant Ninja Turtle doll! I want Nintendo! I want Gameboy! That's all you seem to hear from children (and even some adults) during the holiday season.

The advertisements on television are geared to those bright-eyed little ones who want everything they see and those poor parents who have to sell all their worldly possessions just so Santa can bring a smile to their children's faces on Christmas morning.

Has giving become too expensive? Is Christmas so commercialized that we've forgotten it's true meaning?

What is supposed to be a time of giving

can sometimes turn into a time of bankruptcy.

An area collector said people's holiday debts bring them a lot of business.

People spend thinking they can pay it later but can't pay it back—all in the spirit of giving.

One suggestion, don't buy what you can't afford. Don't buy thinking you can pay for it tomorrow. Don't let the holidays financially break you.

It's easy to do so, but don't. Prices are high and so are many receiver expectations. Give to friends but not so much that it hurts.

When Christmas Eve comes around look in the sky, find the brightest star and remember what this giving is really all about.



Letters to the Editor:

All letters must be typed or clearly printed and limited to 200 words or less. Letters are due in *The Northerner* office Thursday for publication on Tuesday. Each letter must include the author's name and phone number. We can, under special circumstances, protect the author's anonymity. Each letter will be printed verbatim. However, the editorial staff reserves the right not to publish any letter if the above criteria are not met. Letters to the Editor are encouraged and welcomed.

Reader Says Wake Up Owen

Dear Editor,

Owen Addams' blaming environmentalists for America's energy problems is the typical Republican narrow-minded view of our energy policy. For one thing, get your facts straight, Owen. The oil from the Exxon Valdez spill is from America, you know—Alaska, the state.

America's problem is its addiction to oil. It will do anything to get it.

Even if we exploited all our resources, including all the off shore areas and Alaska's wildlife refuge, it would last only 30 years. Is that worth destroying the last untouched wilderness and beaches in America? Watching the dolphins play off the Carolina coast, sea lions eating off the California coast or just viewing the vast expanse of Old Growth Forest in Alaska are experiences our children should not be deprived of.

America is the only industrialized country without a national energy policy. We use and waste more energy than any other country in the world. By simply raising the fuel efficiency of new cars, we could save more oil than all our known reserves. Nuclear power is not a solution and is far from safe. Just ask the people who live around Fernald.

Wake up Owen! There is no easy solution, but one thing is sure—the days of unlimited cheap gas are history, and America must change. If you care about the environment, read about it. Then write Greenpeace USA, 1436 U Street, N.W., Washington, D.C. 20009; Sierra Club, 730 Polk Street, San Francisco, Calif., 94109; or National Wildlife Federation, 1400 16th Street, N.W., Washington, D.C. 20036.

Rick Adams

Soviet Group Seeks Help

The following letter was sent to NKU President Leon Boothe from Alexander Teplitsky, fund director for "The Eyes of the Earth."

Dear Sirs,

We are a group of young people from the Soviet Union who have set up a private charity fund called "The Eyes of the Earth." We appeal to you, all the employees and the students of your educational institution, as to the most dynamic part of the American society to do us a great favor—to support with your deeds our grandiose idea, which is to create a collective portrait of the people of all the countries of the world for that purpose we would like to collect (don't be surprised!) 1 million photographs of the people of the Earth. We are going to carry out this action to support democracy and to protect priceless human life of every person on the planet.

Thanks to the "new thinking," the priority common to all mankind values over any political ambitions is to rehabilitate mankind itself. The end of the Cold War, nuclear disarmament and destruction of the totalitarian regimes in the East European countries are the results of this. However, the last events have shown that human life is now a pawn in the political game. Dictator Hussein, having overwhelmed Kuwait, didn't think about his Arab brothers—he was guided by his political ambitions. Defending the righteous cause, the governments of many countries have sent their troops to the Kuwait frontier, threatening the lives of thousands. It is a chain reaction, the base of which is the neglect of the life of a concrete individual. It will not stop while weapons are being produced and sold in the world. It is painful to see how the streets of Kuwait are being pressed by the Iraqi troops in the Soviet tanks, and people are looking into each other's eyes through the machine-gun sights in Pakistan, Liberia, Palestine and in other spots on the globe.

The aim of our fund is to conduct a peacemaking action in 1991 on a world scale. The beginning of this will be the creation of a gigantic photoportrait of humanity. The demonstration of this portrait in many countries of the world will help people literally to look in each other's eyes and understand that the price of any person's life is, at least, not less than one's own.

Besides this, our fund intends to hold simultaneous meetings, conferences of religious figures and cultural workers and exhibitions with participation of the representatives from hostile countries with the motto "Peace against Violence."

We hope that as a result of our common actions people will find themselves, at last, a more noble occupation than killing each other.

Friends, we need your help! We ask you to support our idea and tell about it to as many people as possible. We also want you to send your photographs. We also expect your new ideas and suggestions concerning this action.

The appeals of this kind are sent to hundreds of mass media all over the world, to educational institutions, funds, companies, to the leaders of all the countries of the world (including Presidents Bush and Gorbachev), but it isn't enough if you do not help us.

We cannot do without you! We wait for you!

Please send the photographs to the following address:

USSR, 603093, Gorky, P.O. Box 225, Fund "The Eyes of the Earth."

We'd like you to put down your name, age and country on the photos.

With love and hope,
Alexander Teplitsky
Fund Director

A Special Thank You

Dear Editor,

Recently, I fainted on the school campus. I hit my head and began yelling for help. Within seconds, someone came to help me. I'm not sure how many there were at first, but they called the campus nurse and DPS who immediately came to my aid. I'm fine now. I just wanted to thank all these nice people for helping me out. Especially, I would like to thank the first lady who got to me. You did a good job of keeping me calm.

Thank you all so much and have a happy holiday season.

Unsigned

Quake Drill Embarrassing

Dear Editor,

There have always been a number of emergencies for which this university should be prepared. Some of the perceived threats are very real, based on actual dangers and past experience. These are dangers on which all experts would agree, such as fires, tornadoes or accidents (for example: toxic chemical spills). We have practiced for some dangers, with fire drills, for example. Recently we have been told that there is another danger for which we should all prepare. On Monday, Nov. 26, Northern held earthquake drills. This presents to me a number of problems. First of all, it is embarrassing that an "institution of higher learning" would waste time preparing for a perceived threat. A threat based on no "higher learning" expert advice, or past experience, but based on public hysteria, television and radio stations, who are more interested in ratings than in public welfare, and on one crackpot's "prediction." Second, the earthquake drill was a fiasco. I stood in disbelief as I watched the students, faculty and staff calmly march out of the library and Landrum, while the tornado siren was blowing! Thankfully, the siren was not being used to warn us of a tornado as it was designed to do. If it had been, the campus population would now be somewhat reduced. In the Natural Science building, most people didn't even hear the siren. When the second alarm, the fire alarm, sounded to evacuate the building, most people left. Good, but some stayed behind thinking it was the first alarm, the "earthquake alarm." Some classes continued (here and in Nunn Hall). Thankfully, it was not a fire.

Please everyone, can we bring some sense to all of this. One of the greatest hazards of this area is a tornado. Another hazard is fire. Let's prepare for a real emergency.

1) Let's have fire drills. I hope everyone will know to leave the building.

2) Let's have tornado drills, perhaps with sirens in the buildings where they can be heard (but not so loud that it drives everyone out of the building). Let's inform everyone that the siren means take cover.

On Tuesday, Nov. 27, the day after Northern's earthquake drills, the city of Columbia, Mo., (a city well prepared for an earthquake) was hit by a devastating tornado. So were three other areas of Missouri and southern Illinois. We were lucky this time. If tornadoes had threatened this area on Tuesday, and Northern had set off the sirens, the campus population may have marched out of the buildings and into the path of the tornado. Please, no more earthquake drills. They just confuse everybody and distract them from real dangers.

Dan Spence

Laboratory Manager

Department of Physics and Geology

In Response To Utz's Letter

Dear Editor,

After reading the article by Joe J. Utz appearing in the Opinion section of *The Northerner* concerning the banning of certain firearms, I feel I must respond.

He is incorrect in stating that the most loyal National Rifle Association (NRA) supporters in most police departments support banning semi-automatic clip-fed rifles. A poll conducted by the National Association of Chiefs of Police indicate that 90 percent of police chiefs and sheriffs that responded that criminals are not affected by a ban on any type of firearm, and 70 percent oppose waiting periods for the same reason. Police have nothing to fear from law-abiding citizens who own so called assault rifles. Law Enforcement For The Preservation Of The Second Amendment and the American Federation of Police, two pro-gun police organizations, have the same opinion.

Mr. Utz, like many liberal politicians, has little or no regard for the United States Constitution, the Bill Of Rights or the civil rights of law-abiding American citizens and will destroy our rights in the name of gun control. Mr. Utz has called for the seizure of private property, invasion of privacy and the incarceration of law abiding citizens in the guise of stopping criminals. Banning an inanimate object will no more change the intent of a criminal to break the law than the banning of alcohol had on the temperance of Americans during the 1920s. The banning of alcohol has left America the legacy of organized crime.

Mr. Utz would generously grant Americans the privilege of keeping sporting arms at least until hunting was banned or some criminal killed someone with a sporting firearm. Mr. Utz does not feel that self defense is a valid reason for owning a firearm even though firearms are used 650,000 times a year by citizens to stop criminals, most of the time, without firing a single shot. In late August, five college students were murdered and mutilated by a knife wielding killer in Gainesville, Florida. By Labor Day weekend over 2,000 handguns had been sold in that area, many to terrified students, like Joe Utz, who feared for their lives.

Drugs, the revolving door justice system and lack of prison space are responsible for a very large percentage of crime. Joe Utz would be doing all Americans a favor if he would promote the building of prisons instead of working to destroy our rights. Criminals fear an armed citizen more than prison or the police. Removing defensive weapons from law abiding citizens only leaves them vulnerable and defenseless.

Being a member of the NRA, I can safely say that Mr. Utz knows little about our membership. The membership will never accept the banning of weapons as Mr. Utz suggests. I have never heard of any NRA member being involved in a drive by shooting or anything like that, so why would we punish ourselves by giving up our guns? The NRA trains many policemen each year, promotes gun safety for children and adults, and yes Joe, even sponsors a shooting team for the Olympics and also sponsored a few collegiate shooting teams.

Please let me explain the victory the brave people of Florida won over the NRA that Mr. Utz refers to. An amendment to the Florida state constitution was passed requiring a three day waiting period between the purchase and pickup of a firearm. What Mr. Utz does not realize is that the amendment stops any and all future anti-gun legislation. The anti-gun politicians, newspapers and television stations were horrified when they realized the piece of legislation they had pushed for two years would stop the semi-automatic rifle ban, the Saturday Night Special bills and various other waiting period schemes they were going to push during the 1991 legislative session. Suddenly the media was trying to defeat the same legislation they had previously tried to shove down the public's throat. This amendment was supported by pro-second amendment and sportsmen groups throughout Florida by an 84 percent to 16 percent margin. The voters had spoken and the anti-gunners were dumbfounded. The majority of gun owners were willing to lock a three-day waiting period into place if it meant removing all other gun bills moving through the Florida legislature. This truly was a victory for the people of Florida but not in the sense Mr. Utz thinks it is.

It is odd that the cities with the most stringent gun control laws have much crime related to guns. I guess criminals don't pay attention to the law, of course that is why they are called criminals.

Chester Hall

SG Sponsors Coat And Toy Drive

Dear Students,

Student Government is currently sponsoring a used coat and toy drive. If you have any used toys or coats, please feel free to drop them off in the SG office, room 208 of the University Center. We will distribute the articles to the Goodwill Industries. Articles will be accepted until Friday, Dec. 9. Help SG make someone else's Christmas merrier.

SG's semi-annual blood drive took place on Nov. 28, and we reached our goal of 75 people. Thanks to all those who helped save a life by donating blood.

With the end of the semester coming, I would like to remind students there is an option to selling your books back to a bookstore. SG will sponsor our annual Student Book Exchange on Jan. 14-18. The SBX allows students to buy and sell books at prices they set themselves. Most students who participate feel it is both a profitable and convenient program.

Happy Holidays, Michelle Deeley

Response To Gun Control

Dear Editor:

Joe Utz's letter of Nov. 21, "Ban Firearms Designed for Killing People," contained several errors that require correction.

Mr. Utz's assertion that most police officers favor regulation of semi-automatic rifles and pistols is false. According to a recent survey by the National Association of Chiefs of Police (NACCP), 87 percent of the nation's command officers are opposed to any regulation of semi-automatic weapons. Of the nearly 16,200 officers polled, a majority further stated that bans on semi-automatic rifles would only serve to disarm law-abiding citizens while enhancing the criminals' abilities to wage war. Currently, over 80 percent of the guns used in committing crimes are obtained illegally. A comprehensive gun ban would only prevent legal sales; it would have no effect on these illegal transfers.

According to the 1989 FBI Uniform Crime Reports (UCR), less than 1 percent of all serious crimes involve semi-automatic rifles. When attacks against police officers are also considered, UCR data indicates that in the U.S. over the past ten years, only 12 officers have been killed by the semi-automatic weapons currently vilified by the media. This number is just under 1.5 percent of all police officers killed during the same period.

Mr. Utz's distinction between semi-automatic and hunting rifles is too general for serious consideration. One of the most popular rifles for deer hunting is the M1 Garand. This 30-06 military rifle was the mainstay of the U.S. Army for almost 30 years and is now utilized by many sportsmen. Mr. Utz, would you classify this as a "weapon designed for killing people" or a "hunting weapon?" According to the tone of your article, this American classic is but one of many guns you would ban.

In closing, I would like to point out that I have been a gun enthusiast for most of my life. Military-style semi-automatics are one exciting aspect of a hobby enjoyed by millions of Americans. Denying these Americans their constitutional right to possess these weapons would not only be detrimental to our concept of a free society, it would also be antithetical to the principles of our founding fathers.

Sincerely, Scott Kappas
President, Chase Republicans

Features

Simelane Speaks To NKU On South African Apartheid

LESLIE C. FARRIS
NEWS EDITOR

Speaking to an NKU audience, a member of the Observer Mission of the African National Congress to the United Nations said while there are new hopes South Africa will abolish apartheid, there are still problems which must be surmounted.

Solly Simelane made a special appearance on campus Nov. 30, speaking to an audience of students, staff and faculty in the University Center Theater.

The department of sociology, African-American studies and political science, Activities Programming Board, Black United Students and the International Student Union sponsored Simelane's visit.

"There is a change of heart on the part of the apartheid regime," Simelane said. "South Africa never had leader like deKlerk."

However, he noted "it was the heroic sacrifice of our people at home," not South African President F.W. deKlerk's "generosity or benevolence," that brought about the change.

Simelane was born in Johannesburg, South Africa. He was active in student movements and worked as a trade unionist in the garment, textile and tobacco industries. Simelane was jailed for protests against apartheid laws.

Following the Sharpeville Massacre and the declaration of the state of emergency in 1960, ANC leadership ordered Simelane to leave the country and organize support abroad.

In addition to his many travels and addresses, he has worked in the ANC offices in Tanzania, Egypt, Italy and Zambia (ANC's headquarters).

Simelane joined the observer mission in 1984.

He said demonstrations by trade unions, strikes by churches and the poor state of South Africa's schools are what forced the government into negotiations with the ANC.

Despite the possibility of negotiations between ANC and the South African government, Simelane said many problems must still be solved. He said one major problem is the attacks of the South African Defense Force and "so-called black violence."

Simelane explained much of the reported violence between black groups is actually government-employed blacks who fire shots at civilian blacks.

He said many South African police and army members who fire on blacks are cleared of charges, because they claim they thought they were firing on "dogs and chickens."

He said another problem is a proposal to give indemnity, or pardon, to political exiles and prisoners, even those sentenced to death.

Simelane explained the problem is people applying for indemnity must fill out a form stating why they left the country or joined certain political groups.

"I will have to fill out that form, submit it to the panel," Simelane said. "Then I will be at the mercy of the panel."

Simelane said South Africa is also faced with the problem of privitizing some previously nationalized sectors, such as transportation, communication, postal service, telegraph and schools. He said many proposed buyers of these sectors have been foreign interests.

"If you start selling our country now, we are going to remain without a South Africa," Simelane said.

He explained the ANC supports waiting to make such decisions until blacks can have a say in them.

"We are saying all of these things should be addressed by a new government of South Africa," Simelane said.

He said the problem is South Africa's economy is currently controlled by a small white minority; blacks have no say in economic decisions.

"We are only there as slaves to sell our labor, to work in the precarious conditions of the mines," Simelane said. "For nothing. For peanuts."

"They get the lion's share. We get soup and bones. We are saying we all have to eat together."

"We should contribute to all of life, including the economy."

Simelane emphasized the economic differences between blacks and whites in South Africa.

"We still live in houses roofed with asbestos, even though we know it causes cancer," he said. "No white man's house is roofed with asbestos."

Simelane said the ANC is often asked if they trust deKlerk.

"We don't really know deKlerk," he said. "We're just getting to know each other."

Simelane said a positive sign is several conservative groups' recent endorsements of negotiations between the ANC and the government. He also noted the South African police and army are controlled by conservatives who support the apartheid system.

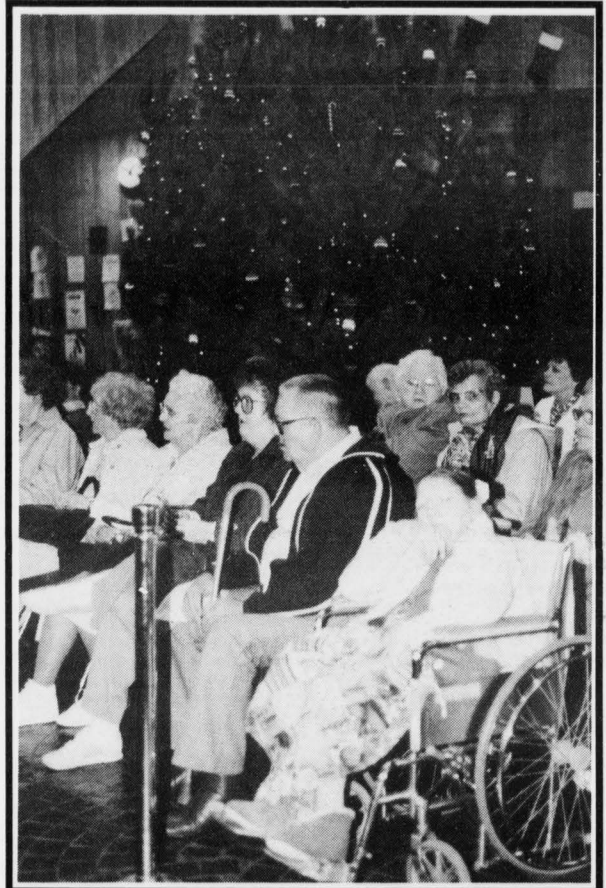
The ANC has no deadline for the elimination of apartheid, Simelane said.

He said the movement to abolish apartheid will never disband until their goal is a reality.

He explained the people working towards racial-free government lost their fear of death or losing their jobs a long time ago; armed only with rocks, many have fought off soldiers with guns and dogs.

"(The movement) has had its shortcomings, but it has never lost its determination," Simelane said.

He also said the economic sanctions



NORTHERN NOEL—Residents of Lakeside Nursing Home enjoy last Thursday's performance by the NKU Women's Ensemble during "Northern Noel" week, sponsored by APB. Below: Camille Mouch, sings "We Need A Little Christmas." Northerner photos by Lisa Sperandeo.

against South Africa affected the country.

"It was a very good and very strong weapon," he said. "No one in our society can live in isolation."

Although South Africa has the ability to produce many different types of cars, the country now must import its automobiles, Simelane explained.

He noted a recent ironic turn for the anti-apartheid movement. He said the ANC found its first allies among the socialist Eastern European countries. Since the decline of communism in those areas, Eastern European leaders have offered trade agreements with South Africa.

"They stand to benefit, so they say get rid of the sanctions," Simelane said.



WNTV Needs Students To Get Involved

LESLIE C. FARRIS
NEWS EDITOR

WNTV risks losing some of its student-produced programming if more students do not become involved in the station.

The station currently produces the following: "Norse Report," a 10-minute daily news show; "Campus Notes," a talk show dealing with campus organizations and issues; "Rock This," a music video show; and "Sports Extra," a talk show about NKU sports.

Rick Venable, WNKU general manager,

said the station will lose some student workers in the spring due to graduation and class schedules. He said this loss could mean a drop in the number or quality of student programs.

"We're here to let people see parts of the university they don't normally get to see," Venable said. "If we don't have enough people working at the station, we can't do that."

He said 11 students currently work at the station; however, more people are needed so some students are not over-

worked and the station runs smoothly.

"Really, 11 is not enough," Venable said. "Last spring we had 25 people. It was great. There was enough people for everything."

Paige Slawter, WNTV news director, said the current news staff consists of about eight people daily but 11 or 12 people would be ideal.

She said sometimes there are only four or five people producing the news show, not enough people to produce a high-quality program. Sometimes, there are no cameramen or necessary technicians.

When student-produced programming is not on the air, WNTV shows other college programming available by satellite.

"We try to have as many programs produced on campus as possible," said David Feuerman, WNTV sponsor. "But we can't do that if we don't have the students."

"They'd like to do more, but they can't do more unless they have more student involvement."

Venable concurred: "We have a lot of ideas we come up with, but we can't get enough people to make it work."

He said student interest was high when WNTV first went on the air in spring 1988.

"The interest has seemed to decline, so we're trying to come up with ways to promote the station," he said. "A lot of people have shown interest, but not many have stuck with it."

Venable said there are several types of opportunities available for students. In addition to on-screen talent, there is need for business, sales and technical personnel. WNTV also needs writers, especially with journalism backgrounds.

"At the present time we don't have any writers, but it would be nice," Venable said.

Venable said students who work with the station, especially Radio, Television and Film majors, gain many advantages.

"When they go into class they've been through it," he said. "They've worked all the equipment before."

"Just the experience of using the equipment over and over again is what you need to get a good job."

He said the station also provides on-camera people with strong "resume tapes."

"If you say I'm really good at this, it's easier to give them a tape and show them," Venable said.

Feuerman said students, when they first walk into the station, should not feel awkward and immediately give up.

"Students get intimidated, because there's a group of people who work there all the time," Feuerman said. "They feel like they have to fit in right away."

"That's totally not the case. The students that work there all the time are very open to help students."

Don't just worry about HIV. Do something about it.

If you think your at risk for HIV infection, now is the time to consider HIV counseling and testing. The test is FREE and ANONYMOUS.

Call your local health department or
Kentucky AIDS Hotline at 1-800-654-AIDS

**KENTUCKY
RESPONDS
TO AIDS**

HIV is the virus that causes AIDS

ADMISSION AGE 19



MONDAYS
"DRAFT NITE"
25¢ DRAFTS ALL NITE

TUESDAYS
"BACK BEAT"
ALL YOUR FAVORITE
BEAT CLUB CLASSICS
"QUARTER HOUR"
25¢ DRINKS TILL 9 P.M.

WEDNESDAYS
"47¢ DRINK'S"
ALL NIGHT

SUNDAYS
"BEAT CLUB TOO!"
\$1.00 ADM. W/COLLEGE I.D.
"QUARTER HOUR"
25¢ DRINKS TILL 9 P.M.

THURSDAYS
"BEAT CLUB"
THE BEST IN
NEW DANCE MUSIC
"QUARTER HOUR"
25¢ DRINKS TILL 9 P.M.

FRIDAYS
"AFTERNOON SALOON"
10¢ DRINK'S 4 - 7 P.M.

SATURDAYS
"MEN IN MOTION"
ALL MALE REVIEW
50¢ DRINKS TILL 9 P.M.

The Northerner Calendar

Wednesday, December 5, 1990

DEC 5 1990

On Dec. 26-28, cable repair necessitates the temporary shut-down of telephone service in the following buildings:

- 1) Landrum.
- 2) Natural Science.
- 3) Maintenance Building.
- 4) Dorms.

Women's Prayer Group
Wednesdays from 12:15 to 12:45 p.m.
Led by Sister Janet Carr.
For information call 781-3775.

Spanish Conversation Hour
every Thursday at 3:05 p.m.
Landrum 535.
¡Bienvenidos todos!

HIV Testing
provided by the Northern Kentucky Health Department
1st and 3rd Tuesday of each month, noon to 4 p.m.
2nd and 4th Wednesday of each month, 9 a.m. to 1 p.m.
in the Health Office - UC 300.

Adult Children Of Alcoholics Meeting
Tuesdays from 12:15 to 1:15 p.m.
Room 305 BEP.

Steely Library Fall 1990 Exam Week Extended Hours

Sunday, Dec. 9, 1 p.m. to 10 p.m.
All regular services (Reference closes at 9 p.m.)
Loggia open until Midnight.
Monday-Thursday, Dec. 10-13,
Loggia open until Midnight.
Friday, Dec. 14, All regular hours and services.

Holiday Hours

Steely Library: Dec. 17-21,
Barcoding Project. Open to public
12:30 to 4:30 p.m.
Jan. 1, New Year's Day, closed.
Jan. 2-4, Barcoding Project, closed.
Jan. 5-6, closed.
Jan. 7-8, Barcoding Project.
Open to public 12:30 to 4:30 p.m.
Jan. 9-11, Open 8 a.m. to 4:30 p.m.
Jan. 12-13, closed.

Learning Resource Center:

Dec. 17-31, closed.
Jan. 1-8, closed.
Jan. 9-11, open 8 a.m. to 4:30 p.m.
*During this holiday period all members of the library faculty and staff will be engaged in a project to barcode the collection in preparation for automation. The Learning Resource Center will not be open some days due to limited staffing.

Team Manager Needed:

The Lady Norse Basketball Team is looking for a student who is interested in being a team manager. If interested call Coach Winstel at 572-5195.

The Media Services

study carrell area, 311 Landrum, will be open on Saturdays from 9 a.m. until 1 p.m. If usage statistics show favorable response, weekend hours will be considered on a permanent basis.

Alcoholics Anonymous Meeting

Thursdays from 12:15 to 1:15 p.m.
Room 305 BEP.

Les causeries du mercredi

Informal conversation in French open to all interested students, faculty, staff and Francophiles at heart. Every Wednesday, 1 to 2 p.m., LA 501. For information, contact Barbara Klaw or Gisele Lorient-Raymer at 572-5515 or 572-5531.




W.A.V.E.

holds weekly meetings on Thursdays from 2:30 to 4:30 p.m. in Room 116 (unless the paper attached to the door reads 118) in the University Center.

What's Happening?

December 1990

Sun Mon Tue Wed Thu Fri Sat

						1 Breakfast With Santa <i>The Cherry Orchard</i>
2 Cocoa and Carols <i>The Cherry Orchard</i>	3 Norsemen vs. SIU-Edwardsville Percussion Ensemble Concert	4 Brown Bag Readings Coffee, University Campus <i>The Cherry Orchard</i>	5 International Coffee Hours NKU Singers' Northern Noel <i>The Cherry Orchard</i>	6 <i>The Cherry Orchard</i>	7 Lady Norse vs. Wayne State <i>The Cherry Orchard</i>	8 Perkins/NKU Classic Consolation Game <i>The Cherry Orchard</i>
9	10	11 Brown Bag Readings	12 Coffee, Steely Library	13 	14	15
16	17	18	19	20 	21	22
23	24 	25	26	27	28	29 Norsemen vs. Oakland City College



November 1990
S M T W T F S
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18 19 20 21 22 23 24
25 26 27 28 29 30

January 1991
S M T W T F S
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13 14 15 16 17 18 19
20 21 22 23 24 25 26
27 28 29 30 31

Sports

Kentucky Outclasses Lady Norse

BRIAN NEAL
SPORTS EDITOR
JOHN REITMAN
STAFF WRITER

The NKU women's basketball team took the floor, almost cautiously, at Memorial Coliseum in Lexington to face the University of Kentucky Lady Kats Monday Nov. 26.

And rightfully so. UK is the National Women's Invitational Tournament defending champion, and had just won their own invitational tournament over Kent State and Duquesne, both Division I schools.

While the Lady Norse didn't give up 100 points like UK's previous two opponents, they did lose to the taller, deeper UK team, 97-79.

"Everyone of these girls (on UK's team) is an all-star or an All-American," NKU coach Nancy Winstel said.

But NKU scored the first points of the game on two Kristy Wegley free throws. The Lady Norse even held the lead at 11-8, five minutes into the first half when Lori McClellan scored on a layup and Amy Middleton converted on two free-throw attempts.

"We knew they had two pretty good shooters," UK's Kristi Cushenberry said, "and we knew they played solid defense."

Then the roof fell in on the Lady Norse. For the rest of the half, it was all UK. They pressured NKU into turnovers, raced down the court on fastbreaks, pounded the ball inside and frazzled Northern's composure.

With 14:03 left in the half UK went ahead to stay at 12-11 on a layup by Cushenberry. UK proceeded to steal the ball on NKU's next three possessions.

The next time NKU crossed halfcourt with the ball, UK had scored 10 consecutive points and was in the middle of a 21-6 run. NKU's one-time lead of three had quickly turned into a 12-point deficit.

"We were deeper than they were," Cushenberry said, "and we were able to wear them down with the press and the fast break. They had trouble matching up with us."

Senior guard Tracye Davis, 15 points, led UK in scoring which had six players score in double figures.

With seven players on the UK roster 6-foot or above, six of which saw extensive action, the Lady Norse were outclassed inside.

At halftime, the Lady Norse trailed 54-36 and it looked as if it was going to get worse.

"I told them at half that we were going to lose by 50 if they give up and don't play hard," Winstel said.

That seemed to get Northern ready, because they played even with UK, 43-43, in the second half.

"Our full-court man-to-man press was

not successful in the second half," UK coach Sharon Fanning said. "Our 1-2-2 press had been successful, but we didn't go back to it. They (NKU) played with a lot of heart in the second half."

Freppon scored 16 second half points on her way to a game-high 24 points. She also pulled down 15 rebounds. Freppon wasn't the only NKU player scoring, McClellan added 21 points and nailed four out of eight three-pointers.

One of the bright spots for NKU was the play of freshman forward Tammy Schlarmann. In 15 minutes of playing time, Schlarmann was four of four from the field for eight points and had two rebounds.

Normally playing a man-to-man defense, the Lady Norse were not able to play as aggressively against UK as Winstel would have liked.

"I wanted to press," she said, "but we would have lost by 50."

UK continued to force the ball inside at every opportunity, and this forced NKU to play a matchup zone.

"When we would matchup with them," Winstel said, "they would bury the three."

"In the first half we were a little intimidated inside," she said. "We just couldn't physically keep up with them. Their ability to sub is an advantage. We didn't have

the depth."

"I never played with so many big players," said Freppon. "They would sub and when the next girl would come in, she would be an inch taller."

Was Freppon surprised NKU could play evenly with the Lady Kats in the second half? "No I'm not surprised, because our team plays so well together. I think we can play with anyone," she said.

On Thursday, the Lady Norse returned to winning form when they beat Indianapolis 95-79.

Freppon scored a game high 31 points to lead Northern. McClellan bombing from the outside, nailed six three-pointers, added 26 points.

Freppon scored a game high 20 points to lead the Lady Norse over IPFW on Saturday. McClellan pitched in 19.

Other scorers in double figures for NKU were Middleton and Gaerke with 14 a piece.

McClellan, hot-shot of the week, nailed 14 of 20 three-point field goals helping NKU push their record to 4-1.

NKU (79)

Freppon 9-19 6-8 24, McClellan 7-14 3-5 21, Wegley 0-3 6-6 6, Slone 1-2 0-0 2,

Gaerke 1-8 0-0 2, Middleton 1-7 9-10 11, Wohnhas 1-3 3-5 5, Schlarmann 4-4 0-0 8, Moses 0-1 0-0 0, Jackson 0-1 0-0 0. Totals 24-62 27-34 79.

UK (97)

Davis 7-10 1-2 15, Cushenberry 4-8 0-0 10, Leonard 0-5 0-2 0, McIntyre 5-11 3-4 14, Mills 6-9 2-2 14, Hobgood 0-4 0-0 0, Love 1-2 0-0 2, Daniel 2-4 2-2 6, Eberhart 2-6 0-0 4, Reaser 2-3 0-0 4, Campbell 0-1 0-0 0, Killen 5-5 0-0 12, Jordan 0-6 0-0 0, Gray 3-6 0-0 6, Proctor 5-6 0-0 10. Totals 42-86 8-12.

Halftime - UK 54-36. Three-point goals - NKU McClellan 4, UK Cushenberry, Killen 2, McIntyre. Fouled out - none. Rebounds - NKU 40 (Freppon 15), UK 51 (Jordan 7). Assists - NKU 11 (Middleton 3), UK 18 (Hobgood 6). Total fouls - NKU 12, UK 25.

NKU (86)

Middleton 6 2 14, Freppon 7 6 20, Gaerke 6 2 14, Wegley 4 0 8, Levens 1 4 6, McClellan 5 5 19, Wohnhas 2 0 5.

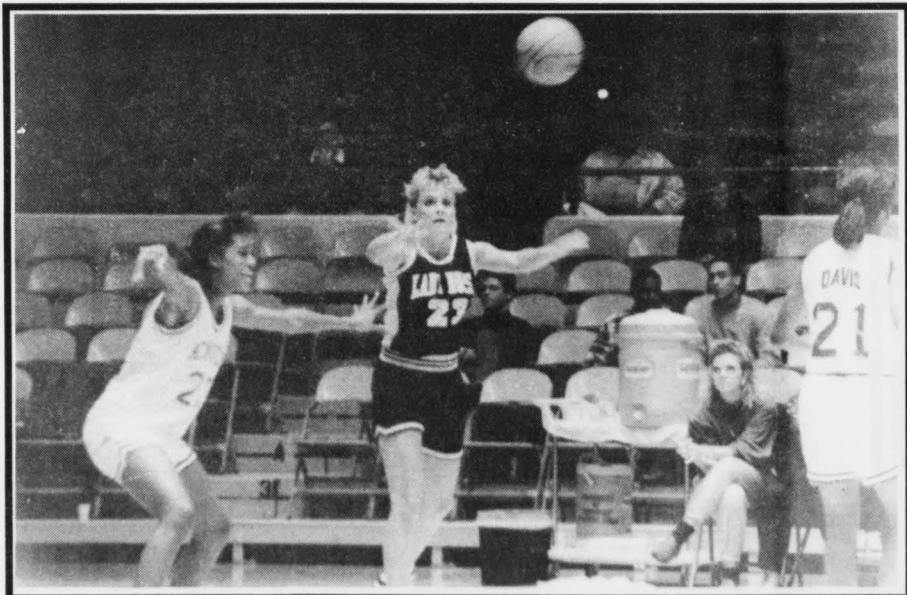
Totals: 31 19 86

IPFW (72)

Harbaugh 2 3 7, Shipp 1 1 4, Dressler 1 0 2, Lueken 6 0 12, Miller 5 7 17, Hoge 1 0 2, Sands 1 0 2, Edwards 6 5 17, Scott 3 2 9.

Totals: 26 18 72.

Records: NKU 4-1 (1-0), IPFW 3-2 (0-1).



STRIVING FOR A VICTORY—Northern's Valerie Gaerke passes against the University of Kentucky Lady Kats' pressure on Monday in Lexington. NKU lost to UK 97-79. Photo by Amy Fahey.

Brown Looks to Guide Youngsters

REGAL SUMMERS
STAFF WRITER

Playing basketball doesn't last forever, but helping others does, and that's what NKU's junior forward Kenny Brown plans to do after graduation.

Brown, a sociology student from Columbus, Ohio, wants to work with delinquent children in the Columbus area.

"I want to help those kids who need help. I want to counsel and help them through their troubles," Brown said. Brown received inspiration to work with troubled kids from his mother.

"My mother worked with delinquent kids as I was growing up and she would always talk about her experiences with them, both good and bad," Brown said.

Brown feels some of these troubled kids just need some direction and guidance, and he wants to be the person to guide them in the right direction.

He graduated from Beechcroft High School in Columbus and played basketball all four years.

"I played on the reserve team my freshman and sophomore year. I was moved up to the varsity level at the end of my sophomore year," Brown said.

He led the city in rebounds his junior year and led the city in scoring his senior year. He was also named to second team all-state after his senior year.

Brown went to Norfolk State University after high school but transferred to NKU after a year.

"I like Norfolk State, but there were politics involved in how the coaches treated the players, so I decided to transfer," Brown said.

Before transferring to NKU, Brown talked to former NKU players and Columbus natives, Pat Holt, Derek Fields and Chris Walls.

"They told me to give coach Shields a call and I did. After meeting with coach, I decided to attend NKU," Brown said. "I like the people and teachers at NKU, plus it's close to home."

Brown believes the Norsemen will have a good season.

"With our style of play—pressure defense, playing 11 or 12 players and running—we will surprise a lot of teams," Brown said.

"I want to become a more consistent player. I am kind of a streak player, but I fit well in our style of play. I am basically

a fast break player."

Kenny Brown averages 10.2 points a game, 2 rebounds a game, and shoots 67 percent from the field.

Norse Notes

Phelia Flips

NKU's sophomore guard Greg Phelia has started every home game this season with a flip. When Phelia's name is introduced to the crowd in the introduction, he does an acrobatic flip.

"I just want to do a little something before every home game to get the crowd into the game," Phelia said.

As of Nov. 30, the Norsemen are 3-0 at home this year.

Brown explodes

Junior forward Kenny Brown scored 14 consecutive points midway through the second half to help lead the Norse to a victory Monday night over the University of Charleston.

Big men, big night

NKU's 6-foot-8 center, Todd Svoboda, scored the first six points of the game and

The Final 'Ace Reporter's Football Follies'

It's time to bid adieu to the Ace Reporter and his "Football Follies."

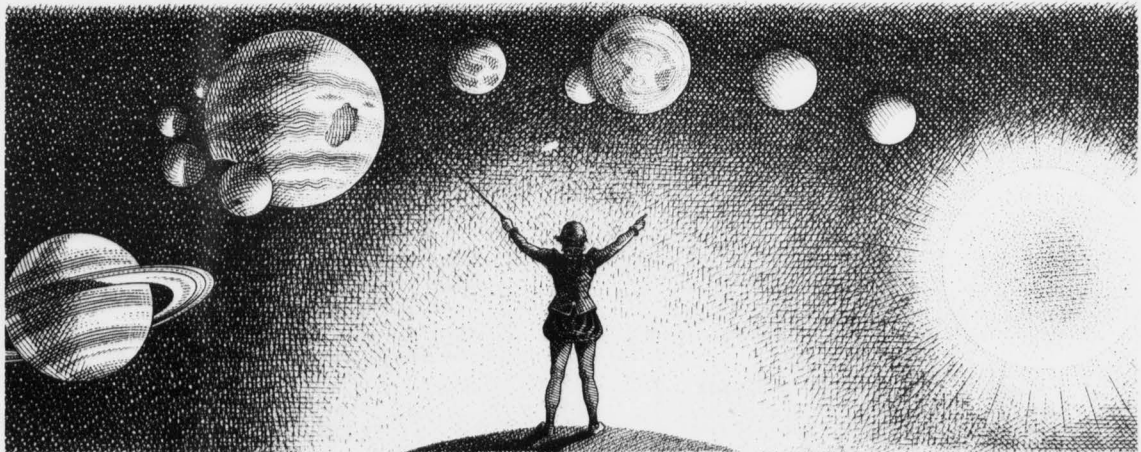
From the "great" response we got the very first week (both of them), to Elder's loss to Moeller (35-7) in last year's Division I Ohio State football playoffs, it's been a lot of fun and I'd like to thank all those who have participated.

To play the "Football Follies," circle the teams you think will win and you'll have a chance to win a special Bengal's prize.

Bring completed ballots to *The Northerner* office (UC 209) by Friday at 3 p.m. Thank you, and Happy Holidays!

Buffalo at Indianapolis
Chicago at **Washington**
Cleveland at Houston
Denver at **Kansas City**
Minnesota at **N.Y. Giants**
New Orleans at **L.A. Rams**
New England at **Pittsburgh**
Phoenix at **Atlanta**
San Francisco at **Cincinnati**
Seattle at **Green Bay**
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CAMPUS RECREATION 1990 FALL RESULTS

Men's Activities

SOCCER LEAGUE: Winner (W), ATO; Runner-Up (RU), Iraq.
RACQUETBALL TOURNAMENT: Division I: W, Mark Volpenhein; RU, Kevin Volpenhein. Division II: W, Charles, Valz; RU, Greg Tewes.
RACQUETBALL LEAGUE TOURNAMENT: Division I: W, Mark Volpenhein; RU, Charlie Volpenhein. Division II: W, Chip Pritchard; RU, Roger Bockweg. Division III: W, Ed Moorehead; RU, Howard Tankersley.
VOLLEYBALL LEAGUE: W, Pike Alumni; RU, Chase Alumni.
NEW ORLEANS FLAG FOOTBALL TOURNAMENT: W, San Quentin Express; RU, Bourbon St. Boys.
BASKETBALL: 1-on-1 TOURNAMENT: W, Mark Jump; RU, Curt Robinson.
BASKETBALL: 3-on-3 TOURNAMENT: W, Slammers; RU, Death Sentence.
HOLIDAY BASKETBALL TOURNAMENT: Division A: W, Dawgs; RU, Norse Star. Division B: W, ATO; RU, 19'ers. Division C: W, Beavers; RU, B.C. Boys.
TENNIS SINGLES TOURNAMENT: Division A: W, David Herald; RU, Mike Geary. Division B: W, Dan Gibson; RU, Kevin Schumacher.
TENNIS-DOUBLES TOURNAMENT: W, Chris Braz and Jim Wintermute; RU, Jack Straus and Greg Sloane.
SOFTBALL LEAGUE: Division B: W, Kegs and Homers; RU, Nicks Nine Knives. Division C: W, Slaughtered; RU, ADG.
FLAG FOOTBALL-SUNDAY LEAGUE: Division A: W, Pike Alumni; RU, Dawgs. Division B: W, ADG Alumni; RU, Phils Records. Division C: W, Unknown; RU, Pike B. Greek; W, Pike A; RU, ADG.
FLAG FOOTBALL-SATURDAY LEAGUE: Division I: W, Bourbon St. Boys; RU, John Simkinis. Division II: W, Mr. C's; RU, Slammers.
VOLLEYBALL HOLIDAY TRIPLES: Division I: W, Slammers; RU, Hammer Time. Division II: W, Skywalkers; RU, Pikes.

Women's Activities

TENNIS SINGLES TOURNAMENT: W, Peggy Rust; RU, Carol Bleska.
FLAG FOOTBALL LEAGUE: W, Old Glovers; RU, Bustin Out.
SOCCER: W, I Don't Know.
RACQUETBALL LEAGUE TOURNAMENT: Division I: W, Becky Schwarber; RU, Angel Martin. Division II: W, Susan Schmitz; RU, Amanda Fields. Division III: W, Debbie Duckwall; RU, Lisa Brewer. Division IV: W, Marilyn Enzweler; RU, Tracy Durstock.
VOLLEYBALL LEAGUE: In progress.
BASKETBALL: 1-on-1 TOURNAMENT: W, Mary Agircola; RU, Laura Watkins.
BASKETBALL: 3-on-3 TOURNAMENT: W, The Was's; RU, Studettes.
VOLLEYBALL HOLIDAY TRIPLES: W, P.T.L.'s; RU, Diggers.
RACQUETBALL LEAGUE: Division I: W, T.T. Drake; RU, Amanda Fields.

Division II: W, Debbie Duckwall; RU, Lisa Brewer. Division III: W, Jeanne Stoup; RU, Barb Roach. Division IV: W, Linda Borchner, RU, Susan Schmitz.

Co-Rec Activities

VOLLEYBALL LEAGUE: Division I: W, Howles Hammers; RU, Rascals. Division II: W, Unknowns; RU, Spleefs. Division III: W, The Colonels; RU, P.U.C. Division IV: W, All Mixed Up; RU, P.E. Majors.
VOLLEYBALL LEAGUE TOURNAMENT: Division B: W, Rascals; RU, The Colonels. Division C: W, Just Do It; RU, Hot Shotz.
WALLYBALL TOURNAMENT: W, Wienerhead + 2; RU, 3 For All.

Recreation

TURKEY TROT: 3 Mile Run: Alar Lipping. 1 Mile Run: Karen Pressgrove and Mike Nordengren.
SOFTBALL TOURNAMENT: W, Health Nuts, RU, Out To Lunch Bunch.
MEN'S TENNIS SINGLES TOURNAMENT: Division I: W, Donald Hooley; RU, Jim McKinney. Division II: W, Mike Ade; RU, Bill Jones.
VOLLEYBALL LEAGUE: W, Much Betters; RU, Quantum Leapers.



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NKU Puts Pressure on Golden Eagles, 89-76

MATT BOHMER
STAFF WRITER

The NKU men's basketball team used its pressure defense to fight off a scrappy

University of Charleston team, 89-76, to improve its record to 3-1 Monday night at Regents Hall.

NKU went on a 16-0 run during a six-minute span midway through the second

half that enabled them to build a 23-point lead. During the run, reserve forward Kenny Brown scored 14 straight points to give the Norse a 77-56 lead.

"Coach just told us to go out and play hard. He wants us concentrating more and to maintain consistency and control," Brown said. "I just tried to be consistent."

Brown was more than consistent. He scored a team high 17 points in only 12 minutes of play.

The Golden Eagles answered the Norse with a 20-6 run of their own which whittled the NKU lead to nine at 85-76 with 1:04 to play. However, Charleston would not score again. Junior guards Nick Pangallo and Jon Campbell hit four of five free throws to ice the game.

"We let them off the hook," coach Ken Shields said. "But they have good athletes and they played hard, but I think they were fatigued."

The Norse had trouble early in the first half with the Golden Eagles breaking their press and getting easy shots in the paint, mostly from sophomore center Byron Brown who finished with a game high 24 points.

"We didn't come out with any intensity," said center Todd Svoboda, "Our defense usually starts the runs, and our defense was terrible."

Svoboda carried the struggling Norse in the first half, scoring 12 points and grabbing six rebounds.

"Apparently they didn't think I was too important because they were just letting me go in there and get the ball," Svoboda said. He finished with 16 points and 11 rebounds.

Jimmy Matthews (18.8 points per game) and David Marshall (14.8 ppg) struggled throughout the game, finishing with only eight points apiece.

Shields was happy with his bench.

"It's encouraging because when your two leading scorers struggle, you stand a good chance to get beat," Shields said.

Shields sees room for improvement from his team on the boards and on defense even though they forced Charleston into 27 turnovers.

"We were weak on defense in the internal paint in the first half," he said, "And I wasn't pleased with them outrebounding us. That's something we'll have to work on."

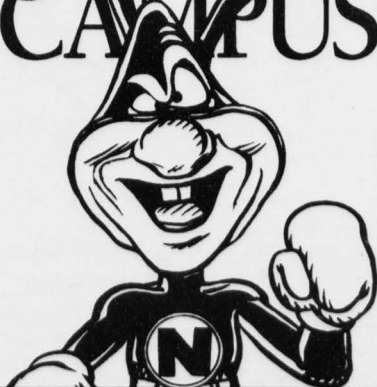
Follow all the NKU basketball action in every edition of The Northerner.

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IT'S TIME FOR DOMINO'S PIZZA.™

If you have
ideas for the
Fun Page -- send
them to *The Northerner*

Page 16

The Northerner

Fun Page

Cartoons, crossword puzzles,
etc. You can find it in
The Northerner

Wednesday, December 5, 1990



Mother Goose & GRIMM

by Mike Peters



SEASONS GREETINGS

FROM
THE NORTHERNER
STAFF

ACROSS

- 1 Republican
- 4 Masculine
- 8 Chew upon
- 12 Mince
- 13 Solo
- 14 Character in "Othello"
- 15 Lately formed
- 17 Weapon
- 19 Surround by
- 20 Lock opener
- 21 Waiver
- 22 Vessel
- 23 Perceive by touch
- 25 Seeks river
- 26 That man
- 27 Suitable
- 28 Sum up
- 29 Whiskers
- 32 Concerning
- 33 Schedule of events
- 35 Faeroe islands

DOWN

- 36 Fracas
- 38 Listener's loan
- 39 Initiate
- 40 Italy, abbr.
- 41 Limbs
- 42 Hurried
- 43 Hit lightly
- 45 Possessive pronoun
- 46 Gruffly
- 47 River in Siberia
- 48 Decay
- 49 Sway from side to side
- 52 Spanish port
- 54 River in Asia
- 56 Sniffy in ear
- 57 Jump
- 58 Unusual
- 59 Ordinance



PUZZLE SOLUTION

- 10 Exchange
- 11 Habit
- 16 Limpney
- 18 Guido's row
- 21 Bait
- 22 Edible seed
- 23 Cultivated land
- 24 Fencer's sword
- 25 Fiss
- 26 Dross border
- 28 Metric measure
- 29 Prohibit
- 30 Lasso
- 31 Act
- 32 Fondle
- 34 Drive into
- 37 Bim
- 38 Supplicate
- 41 Essence
- 42 Title of respect
- 43 Instrument
- 44 Competent
- 45 Marden loved by Zeus
- 46 Biblical weed
- 48 Knock
- 49 Mongrel
- 50 Guido's high
- 51 Recant
- 53 Note of scale
- 55 Pa's partner



COLLEGE PRESS SERVICE

It's D Month At The Art Museum.

D, As In December.

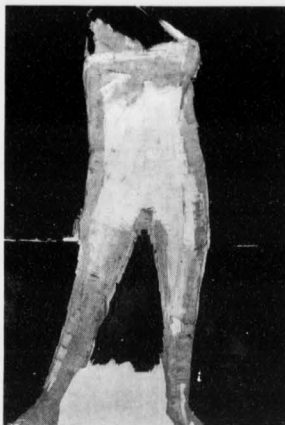
December at the Cincinnati Art Museum. Let us be your place for some peace and quiet during this rush-rush holiday month. Come alone. With a friend. With family. An hour or so at the Museum will revive and refresh you. Surprise and entertain you. It's Delightful During December at the Cincinnati Art Museum.

D, As In Dubuffet.

Jean Dubuffet called himself "a hunter of images taken by surprise." Seventy such ambushed images, metamorphosed by the



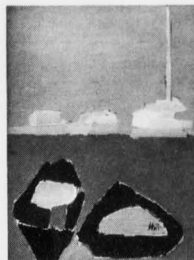
artist into subjects for his prints, are on view in the exhibition, *Dubuffet Prints From the Museum of Modern Art*. The exhibition includes examples of Dubuffet's first important forays into lithography in the 1940s; his journeys into hand-photogravure, wood and linoleum cuts, silkscreen; and his



return to lithography in the 1980s. Through January 6th.

D, As In De Staël.

Nicolas de Staël in America is the first North American exhibition in twenty five years to feature the works of this French modern master. The 75 paintings, drawings and collages range from an early abstraction of 1943 to a



Nicolas de Staël, 'In America' (1943)

D, As In Dance Shirt.

The Sioux considered Ghost Dance shirts sacred and protective, and wore them when performing the Ghost Dance. Museum assistant curator, Lynn Bilotta, will present a talk on "100 Years

Later: Wounded Knee Remembered." The discussion will be presented in the gallery where the Museum's Dance shirt is displayed, and will focus on the Ghost Dance religious movement of the 19th century and its relationship to the Sioux massacre at Wounded Knee. Open to the public with no charge beyond regular Museum admission. Sunday, December 9, 1:30pm.



view from the artist's window in Antibes painted in 1955, one of his last efforts. The exhibition includes a number of works lent by Cincinnati collectors. Through December 30th.

Art's Hours, Fees And Phone.

Hours: Tues., Thurs., Fri., Sat. 10am-5pm; Wed. 10am-9pm; Sun. 12-5pm. Admission: Adults \$3; College Students \$2; Seniors \$1.50; Free to children under age 18; Free to everyone on Saturdays; Free to members at all times. 721-5204

Cincinnati Art Museum

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Two general admissions for the price of one with this ad. Offer expires December 30th.

Our classifieds section is here for you. Send your messages to that special someone.

Page 18

The Northerner

Classifieds

Deadlines for ads and classifieds are Thursday at 3 p.m.

Wednesday, December 5, 1990

Thanks APB for all your hard work during Northern Noel— Special thanks Chris Franzen for all the extra hours of work you've put in to make this week a success!! Mary Chesnut

Computer for Sale - Apple II, Monochrome Monitor, two 5 1/4" disk drives, assorted software, \$100 as is. 232-2669.

Darryl—
Well, 4 1/2 years ... only 56 more to go! Happy Birthday and graduation. I Love You!!!
Lisa.

I would like to thank my parents, my sister, and especially my fiance Bob for standing behind me this semester. I also want to thank Pat Moynahan, Penny Summers and The Northerner staff for backing me in my decisions.

Thanks, Holly Jo

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ATO'S!

Good luck on your exams and I'll see you the 15th. And Steve, give your parents more notice this time. Love, Diane.

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week Jan. 23 - Jan 26. The dance is Jan 26 featuring the band "The 17th Floor." Come out and join APB in the fun.

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(administrative secretary/writer) will type or edit reports, resume's, term papers, scripts, etc. Reasonable rates, quality guaranteed. 491-3051, Nancy.

Amy Conrad:
Congrats on being November's rep of the month. Good luck on your exams. Maybe over the break I'll "cuddle a teddy bear." Love ya, Di.



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ATTENTION MARKETING AND MANAGEMENT students! Heritage Enterprises is looking for strong career-oriented individuals, who are responsible and motivated to work part time for our organization. Starting pay for accepted applicants is \$8.80/hr. plus month-end bonuses. Please contact Mr. Bowen Mondays at 283-5039, 2-8 p.m. to schedule an appointment.

Extras wanted for music video. All types. Call Sam at 572-5743.

FOR SALE-COMMODORE 128 with disk drive, 50+disks, literature, joy sticks. Asking \$300, value \$700. Call Lee at 431-5166.

Did the earthquake shake the warm weather out of you? Then consider going on Pi Kappa Alpha's Spring Break to Daytona Beach. Call 441-0961 for more details.

FOR SALE - IBM XT computer, 640 Mbytes RAM, 10 Mbytes hard disk, color monitor - asking \$500.00. Call Bill at 441-4964, 5 to 10 p.m.

ATTENTION: A small ladies class ring has been lost in parking lot E. Silver ring w/pink stone. If found, would greatly appreciate returned! 431-2752 Melissa.

Happy Holiday NKU! Love, Sisters of Phi Sigma Sigma.

Phi Sigma Sigma wish everyone Good Luck on exams!!!

All Northerner staff members: What a great semester! Thanks for putting up with me and have a great break. Love, Di.

All SG members: Have a great holiday break. I look forward to a great semester in '91. Love, Di.

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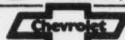
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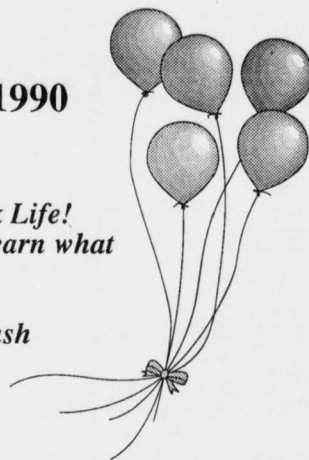
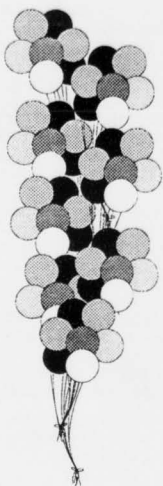
*For more information on sorority rush
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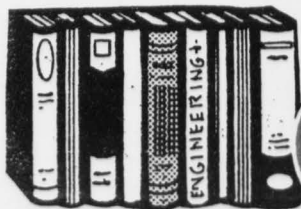
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